

## PECO Cross Country League 2016-17: Race 5 (Roundhay Park)

## Senior Men's Results

Position	Race No.	First Name	Surname	Club	Age Category	Time	Cat Pos	2nd Claim	Guest
1	1717	Terence	Forrest	Cairngorm Runners	MSEN	0:27:17	1		Y
2	1169	Callum	Elson	Roundhay Runners	MSEN	0:27:42	2		
3	1415	Alisdair	Burns	Valley Striders	MSEN	0:27:45	3		
4	1309	Daniel	Grant	St Theresa's AC	MSEN	0:27:46	4	Y	
5	1858	Chris	Miller	Harrogate Harriers	MSEN	0:27:48	5		
6	1745	Ed	Beecher	Harrogate Harriers	MSEN	0:28:01	6		
7	1536	Lee	Athersmith	Wharfedale Harriers	MSEN	0:28:08	7		
8	558	Alec	Francis	Hyde Park Harriers	MSEN	0:28:12	8		
9	1530	Paul	Millgate	Wetherby Runners	M40	0:28:25	1		
10	1724	Jonathan	Johnson	Harrogate Harriers	MSEN	0:28:28	9	Y	
11	32	Ross	Armstrong	Abbey Runners	MSEN	0:28:31	10		
12	1562	Sam	Watson	Wharfedale Harriers	MSEN	0:28:40	11		
13	1543	David	Driver	Wharfedale Harriers	MSEN	0:28:43	12		
14	1317	Richard	Herrington	St Theresa's AC	MSEN	0:28:44	13		
15	1478	Tom	Venning	Valley Striders	M40	0:28:45	2		
16	1423	Dan	Fisher	Valley Striders	MSEN	0:28:51	14		
17	1217	Will	Kerr	Saltaire Striders	M40	0:28:59	3		
18	2395	Christian	Holmes	Wharfedale Harriers	M40	0:29:01	4		
19	946	Kai	Sunman	Leeds University CCC	MSEN	0:29:04	15		
20	1540	Nick	Charlesworth	Wharfedale Harriers	M50	0:29:07	1		
21	1436	Daryl	Hibberd	Valley Striders	MSEN	0:29:11	16		
22	1869	Matt	Chadwick	Valley Striders	MSEN	0:29:16	17		
23	1431	Matthew	Hallam	Valley Striders	MSEN	0:29:21	18		
24	1865	Gary	Bailey	Pudsey & Bramley AC	MSEN	0:29:25	19		Y
25	592	Angus	Milne	Hyde Park Harriers	MSEN	0:29:33	20		
26	563	Philip	Goose	Hyde Park Harriers	MSEN	0:29:36	21		
27	622	Michael	Vargas	Hyde Park Harriers	MSEN	0:29:40	22		
28	1551	David	Kirkham	Wharfedale Harriers	M40	0:29:47	5		
29	1182	Graham	Corbett	Saltaire Striders	MSEN	0:29:50	23		
30	1041	Ross	Blackburn	Rothwell Harriers	MSEN	0:29:51	24		
31	1345	Rick	McCarthy	St Theresa's AC	MSEN	0:29:54	25		
32	81	Trevor	Wilks	Abbey Runners	M45	0:30:00	1	Y	
33	478	Paul	Gidlow	Horsforth Harriers	M40	0:30:05	6		
34	1348	Terry	Midgley	St Theresa's AC	M40	0:30:12	7		
35	975	Tim	Harvey	Nidd Valley Road Runners	M40	0:30:16	8	Y	
36	43	Robert	Cumming	Abbey Runners	MSEN	0:30:18	26		
37	1235	Tim	Baldwin	Saltaire Striders	MSEN	0:30:22	27		
38	1219	Tom	Lee	Saltaire Striders	MSEN	0:30:24	28		
39	871	Keith	Emery	Knaresborough Striders	MSEN	0:30:25	29		
40	1366	Graham	Shooter	St Theresa's AC	M50	0:30:26	2		
41	394	Mark	Bryant	Harrogate Harriers	M40	0:30:28	9		
42	1837	Philip	Boynton	Horsforth Harriers	MSEN	0:30:35	30		
43	1354	Paul	Newsome	St Theresa's AC	M40	0:30:45	10		
44	1516	Toby	Hillery	Wetherby Runners	MSEN	0:30:56	31		
45	1852	James	Warburton	Knaresborough Striders	MSEN	0:30:59	32		
46	1193	Martin	Fillingham	Saltaire Striders	M45	0:31:04	2		
47	423	David	Oldfield	Harrogate Harriers	MSEN	0:31:05	33		
48	792	David	Hodkin	Kirkstall Harriers	MSEN	0:31:07	34		

49	52	Simon	Jones	Abbey Runners	MSEN	0:31:08	35		
50	1876	Robert	Dobson	St Theresa's AC	MSEN	0:31:08	36		
51	1280	Andy	Brown	Saltaire Striders	M45	0:31:09	3		
52	1553	Dave	McGuire	Wharfedale Harriers	M45	0:31:09	4		
53	1428	Benjamin	Hall	Valley Striders	MSEN	0:31:10	37		
54	1043	Paul	Brown	Rothwell Harriers	M50	0:31:11	3		
55	266	Mike	Dearden	Chapel Allerton Runners	MSEN	0:31:14	38		
56	614	Jimmy	Sheldon	Hyde Park Harriers	MSEN	0:31:15	39		
57	1462	Dan	Robins	Valley Striders	MSEN	0:31:16	40		
58	1628	Robin	Lavin	York Tri Club	MSEN	0:31:17	41		
59	1450	Gary	Mann	Valley Striders	MSEN	0:31:18	42		
60	1342	Ian	Maudsley	St Theresa's AC	MSEN	0:31:21	43		
61	1840	Dominic	Nurse	Abbey Runners	M45	0:31:21	5		
62	1004	Matthew	Wilkinson	Nidd Valley Road Runners	MSEN	0:31:27	44		
63	1454	Dan	Murray	Valley Striders	M40	0:31:31	11		
64	1578	Imran	Asghar	Bradford Airedale	MSEN	0:31:35	45	Y	
65	1118	Richard	Gibbs	Roundhay Runners	M40	0:31:37	12		
66	1878	Chris	Lyons	Chapel Allerton Runners	M40	0:31:40	13		
67	1694	Mark	Tobin	Wetherby Runners	M40	0:31:43	14		
68	1361	George	Schofield	St Theresa's AC	MSEN	0:31:44	46		
69	1190	Stuart	Dunbar	Saltaire Striders	M50	0:31:44	4		
70	1487	Joe	Atkinson	Wetherby Runners	MSEN	0:31:48	47		
71	44	Aidan	Curley	Abbey Runners	M40	0:31:50	15		
72	1606	Ian	Anderson	York Tri Club	M45	0:31:53	6		
73	342	Jonathon	Forey	Dragons RC	M45	0:31:56	7	Y	
74	1775	Joshua	Brown	Rothwell Harriers	MSEN	0:31:57	48		
75	1412	Andrew	Bell	Valley Striders	M40	0:31:57	16		
76	1829	Chris	Easton	Chapel Allerton Runners	MSEN	0:31:59	49		
77	650	Stephen	Coy	Ilkley Harriers	M40	0:32:03	17		
78	618	Michael	Taylor	Hyde Park Harriers	MSEN	0:32:06	50		
79	323	Geoff	Webber-Cross	Chapel Allerton Runners	MSEN	0:32:08	51		
80	560	Mike	Gallagher	Hyde Park Harriers	MSEN	0:32:09	52		
81	1080	Daniel	Stone	Rothwell Harriers	MSEN	0:32:10	53		
82	255	Simon	Armitstead	Chapel Allerton Runners	MSEN	0:32:12	54		
83	691	Chris	Bartle	Kippax Harriers	MSEN	0:32:14	55		
84	989	Alex	Patrickson	Nidd Valley Road Runners	MSEN	0:32:16	56		
85	1640	Geoff	Wynn	York Tri Club	MSEN	0:32:18	57		
86	1477	Simon	Vallance	Valley Striders	M50	0:32:21	5		
87	508	Steve	Raby	Horsforth Harriers	M55	0:32:22	1		
88	788	Lee	Hardy	Kirkstall Harriers	MSEN	0:32:25	58		
89	1245	Matt	Richardson	Saltaire Striders	MSEN	0:32:25	59		
90	1506	Richard	Davey	Wetherby Runners	M40	0:32:27	18		
91	75	Robert	Vincent	Abbey Runners	M40	0:32:28	19		
92	1360	Alan	Schofield	St Theresa's AC	M55	0:32:30	2		
93	1549	Ethan	Hassell	Wharfedale Harriers	MSEN	0:32:33	60		
94	1777	Gary	Turner	Ackworth RR	M45	0:32:34	8		
95	769	Ben	Coldwell	Kirkstall Harriers	MSEN	0:32:39	61		
96	1002	Andy	Todd	Nidd Valley Road Runners	M50	0:32:42	6		
97	1053	Tony	Gardner	Rothwell Harriers	M40	0:32:45	20		
98	1861	David	Allison	Chapel Allerton Runners	M45	0:32:47	9		
99	1492	Richard	Bewell	Wetherby Runners	M50	0:32:49	7		
100	807	Fred	Maier	Kirkstall Harriers	MSEN	0:32:54	62		

101	1315	Craig Michael	Keedy	St Theresa's AC	M45	0:32:55	10		
102	1781	Bradley	Walker	Ackworth RR	MSEN	0:32:55	63		
103	389	Craig	Barstow	Harrogate Harriers	M50	0:32:56	8		
104	1714	Andy	Forsyth	Askern & District RC	M55	0:33:04	3		Y
105	1011	Scott	Alder	Pudsey & Bramley AC	M40	0:33:05	21		
106	69	James	Bye	Abbey Runners	MSEN	0:33:08	64		
107	49	Owen	Hilton	Abbey Runners	MSEN	0:33:10	65		
108	766	Andrew	Carter	Kirkstall Harriers	M50	0:33:12	9		
109	1163	Bobak	Walker	Roundhay Runners	MSEN	0:33:15	66		
110	1870	Stelt	Quinn	Nidd Valley Road Runners	M45	0:33:18	11		Y
111	992	Edoardo	Piano	Nidd Valley Road Runners	MSEN	0:33:21	67		
112	397	Ian	Cooper	Harrogate Harriers	M40	0:33:23	22		
113	520	Alan	Squire	Horsforth Harriers	M50	0:33:24	10		
114	40	Sunny	Cheema	Abbey Runners	MSEN	0:33:25	68		
115	696	Chris	Carrick	Kippax Harriers	MSEN	0:33:40	69		
116	1453	Tony	Mills	Valley Striders	M45	0:33:42	12		
117	1786	Chris	Plews	Wetherby Runners	M40	0:33:46	23		
118	1129	Tony	Hodge	Roundhay Runners	M40	0:33:48	24		
119	1130	Tom	Howard	Roundhay Runners	MSEN	0:33:49	70		
120	806	Kevin	Longmate	Kirkstall Harriers	MSEN	0:33:51	71		
121	1064	Hadrian	Knight	Rothwell Harriers	M45	0:33:54	13		
122	302	Tony	Padgett	Chapel Allerton Runners	MSEN	0:33:55	72		
123	762	Stephen	Burrell	Kirkstall Harriers	MSEN	0:33:56	73		
124	1159	Andrew	Thorpe	Roundhay Runners	MSEN	0:33:58	74		
125	328	Jonny	Yates	Chapel Allerton Runners	MSEN	0:33:59	75		
126	1599	Stephen	Wolstenholme	Bradford Airedale	M55	0:34:00	4		
127	315	Steve	Taylor	Chapel Allerton Runners	M45	0:34:01	14		
128	173	Mick	Wigglesworth	Ackworth RR	M45	0:34:02	15		
129	277	Brian	Harrold	Chapel Allerton Runners	MSEN	0:34:08	76		
130	499	Reece	Milton	Horsforth Harriers	MSEN	0:34:09	77		
131	995	Matt	Rickard	Nidd Valley Road Runners	M40	0:34:13	25		
132	1156	Joe	Steele	Roundhay Runners	M40	0:34:16	26		
133	1860	Michael	Raynes	City of York	M40	0:34:18	27		Y
134	815	Paul	Miller	Kirkstall Harriers	MSEN	0:34:20	78		
135	564	Gary	Grant	Hyde Park Harriers	MSEN	0:34:21	79		
136	1301	Mark	Evans	St Theresa's AC	M50	0:34:22	11	Y	
137	1589	Gerard	Mills	Bradford Airedale	M45	0:34:27	16		
138	1429	Michael	Hall	Valley Striders	MSEN	0:34:28	80		
139	656	Ben	Joykson	Ilkley Harriers	MSEN	0:34:28	81		
140	1882	Ed	Rothera	Chapel Allerton Runners	MSEN	0:34:33	82		
141	1187	Paul	Disney	Saltaire Striders	M45	0:34:36	17		
142	970	Sam	Fugill	Nidd Valley Road Runners	MSEN	0:34:43	83		
143	288	Jon	Kent	Chapel Allerton Runners	MSEN	0:34:45	84		
144	1820	Paul	Howard	Rothwell Harriers	MSEN	0:34:45	85		
145	816	Adam	Moger	Kirkstall Harriers	M40	0:34:46	28		
146	1538	Graham	Bird	Wharfedale Harriers	M50	0:34:48	12		
147	1518	Patrick	Jackson	Wetherby Runners	M45	0:34:50	18		
148	501	Nigel	Monaghan	Horsforth Harriers	M55	0:34:52	5		
149	54	Craig	Kent	Abbey Runners	MSEN	0:34:54	86		
150	318	Tom	Thorp	Chapel Allerton Runners	MSEN	0:34:59	87		
151	1485	Avner	Bordoley	Valley Striders	MSEN	0:35:03	88		
152	701	Alan	Davy	Kippax Harriers	MSEN	0:35:05	89		

153	1760	Ian	Rowbotham	Harrogate Harriers	M55	0:35:06	6		
154	1637	Steve	Porritt	York Tri Club	MSEN	0:35:07	90		
155	703	Ian	Downham	Kippax Harriers	M45	0:35:11	19		
156	1076	Dale	Richardson	Rothwell Harriers	MSEN	0:35:12	91		
157	547	James	Booth	Hyde Park Harriers	MSEN	0:35:14	92		
158	419	Brian	Miller	Harrogate Harriers	M60	0:35:18	1		
159	253	Andrew	Allsop	Chapel Allerton Runners	MSEN	0:35:21	93		
160	416	Stephen	Kirk	Harrogate Harriers	M45	0:35:22	20		
161	1033	Steve	Woods	Pudsey & Bramley AC	M55	0:35:26	7		
162	1160	Anthony	Toulson	Roundhay Runners	M40	0:35:28	29		
163	82	Luke	Wray	Abbey Runners	MSEN	0:35:30	94		
164	1424	Sean	Fitzgerald	Valley Striders	MSEN	0:35:32	95		
165	1699	Nils	Linstrum	Wetherby Runners	MSEN	0:35:34	96		
166	387	Nick	Andralojc	Harrogate Harriers	M55	0:35:35	8		
167	1825	Ron	Taverner	Horsforth Harriers	M50	0:35:36	13		
168	59	Iain	Manfield	Abbey Runners	M50	0:35:39	14		
169	401	Harry	Dowdell	Harrogate Harriers	M55	0:35:40	9		
170	784	Paul	Grist	Kirkstall Harriers	M45	0:35:44	21		
171	785	Randolph	Haggerty	Kirkstall Harriers	M45	0:35:44	22		
172	1488	Paul	Atkinson	Wetherby Runners	M50	0:35:47	15		
173	646	Robert	Budding	Ilkley Harriers	M50	0:35:49	16		
174	1456	Andy	Pagdin	Valley Striders	M55	0:35:50	10		
175	1856	Jamie	Drasser	Nidd Valley Road Runners	M45	0:35:50	23		
176	39	Gareth	Cavill	Abbey Runners	M45	0:35:54	24		
177	433	Nathan	Smith	Harrogate Harriers	M40	0:35:56	30		
178	1711	Darren	Walker	Rothwell Harriers	M50	0:35:59	17		
179	494	James	Mangeolles	Horsforth Harriers	MSEN	0:36:00	97		
180	216	Nick	Jovanovic	Airecentre Pacers	MSEN	0:36:04	98		
181	782	Chris	Glover	Kirkstall Harriers	M55	0:36:04	11		
182	1838	Andrew	Harris	Nidd Valley Road Runners	M40	0:36:05	31		
183	1035	Emil	Andrews	Pudsey & Bramley AC	M40	0:36:07	32		
184	717	Andy	Hill	Kippax Harriers	M45	0:36:10	25		
185	2390	Kevin-Malachy	Murphy	Harrogate Harriers	M60	0:36:10	2		
186	1161	Pete	Twigg	Roundhay Runners	M45	0:36:11	26		
187	1088	Rich	Welsh	Rothwell Harriers	MSEN	0:36:13	99		
188	533	Kristian	Henry	Horsforth Harriers	MSEN	0:36:15	100		
189	605	Steve	Rhodes	Hyde Park Harriers	M50	0:36:17	18		
190	1665	Trevor	Rhodes	Eccleshill RR	M55	0:36:19	12		
191	1099	Matt	Blakeley	Roundhay Runners	M45	0:36:21	27		
192	55	John	Laye	Abbey Runners	M45	0:36:21	28		
193	517	Andy	Smith	Horsforth Harriers	M45	0:36:25	29		
194	304	Dan	Price	Chapel Allerton Runners	MSEN	0:36:28	101		
195	1569	Glynn	Ellwood	York Postal Harriers	MSEN	0:36:30	102		
196	634	Curtis	Broadhead	Hyde Park Harriers	MSEN	0:36:33	103		
197	296	Joe	Maycock	Chapel Allerton Runners	MSEN	0:36:34	104		
198	1051	Stephen	Firth	Rothwell Harriers	M50	0:36:34	19		
199	1031	Neil	Wallace	Pudsey & Bramley AC	M40	0:36:37	33	Y	
200	214	Adam	Johnson	Airecentre Pacers	MSEN	0:36:42	105		
201	1439	Roy	Huggins	Valley Striders	M50	0:36:43	20		
202	1594	Cheuk Lun	Lam	Bradford Airedale	MSEN	0:36:44	106		
203	1976	Matt	Roberts	Chapel Allerton Runners	MSEN	0:36:48	107		
204	591	Graeme	Miles	Hyde Park Harriers	MSEN	0:36:49	108		

205	1323	Martin	Horbury	St Theresa's AC	M50	0:36:51	21		
206	76	John	Ward	Abbey Runners	M65	0:36:51	1		
207	1713	Mat	Kelly	Rothwell Harriers	MSEN	0:36:56	109		
208	1254	John	Singh	Saltaire Striders	MSEN	0:36:57	110		
209	1290	Wayne	Butler	St Theresa's AC	MSEN	0:36:59	111		
210	65	Ian	Patchett	Abbey Runners	M50	0:37:00	22		
211	531	David	Womersley	Horsforth Harriers	M60	0:37:01	3		
212	393	Jon	Blane	Harrogate Harriers	M55	0:37:03	13		
213	1457	Graham	Pawley	Valley Striders	M45	0:37:04	30		
214	966	Mike	Deacon	Nidd Valley Road Runners	M50	0:37:05	23		
215	1210	Stephen	Hetherington	Saltaire Striders	M55	0:37:09	14		
216	1259	Graham	Terry	Saltaire Striders	M45	0:37:20	31		
217	1039	Dave	Beecroft	Rothwell Harriers	M55	0:37:32	15		
218	467	Ian	Chappell	Horsforth Harriers	M55	0:37:36	16		
219	1738	Dean	Halligan	Leeds Front Runners	MSEN	0:37:41	112		Y
220	822	Adam	Nodwell	Kirkstall Harriers	MSEN	0:37:42	113		
221	1587	Edward	Jones	Bradford Airedale	M45	0:37:44	32		
222	755	Simon	Boardman	Kirkstall Harriers	MSEN	0:37:45	114		
223	1426	Ken	Fox	Valley Striders	M55	0:37:46	17		
224	1306	Christopher	Gill	St Theresa's AC	M65	0:37:47	2		
225	1194	Timothy	Spencer	Saltaire Striders	M60	0:37:50	4		
226	852	Jim	Mawer	Kirkstall Harriers	MSEN	0:37:51	115		
227	1842	Rich	Harrison	York Tri Club	MSEN	0:37:59	116		
228	1555	Steve	Milner	Wharfedale Harriers	M55	0:37:59	18		
229	1279	Guy	Richardson	Saltaire Striders	MSEN	0:37:59	117		
230	787	Simon	Hands	Kirkstall Harriers	MSEN	0:38:02	118		
231	793	Chris	Hudson	Kirkstall Harriers	M40	0:38:03	34		
232	1659	Dan	Mackenzie	Eccleshill RR	M60	0:38:05	5		
233	1139	Phil	McAlicie	Roundhay Runners	MSEN	0:38:06	119		
234	1071	Keith	Pailing	Rothwell Harriers	M65	0:38:08	3		
235	79	Jim	Whittaker	Abbey Runners	M45	0:38:08	33		
236	42	Howard	Cohen	Abbey Runners	M55	0:38:19	19		
237	1440	John	Hussey	Valley Striders	M65	0:38:21	4		
238	1262	Jack	Verity	Saltaire Striders	M55	0:38:27	20		
239	51	Martin	Jones	Abbey Runners	M40	0:38:29	35		
240	1419	Sean	Cook	Valley Striders	MSEN	0:38:32	120		
241	1859	Darren	Horobin	Ackworth RR	M40	0:38:36	36		
242	1189	Alan	Douglas	Saltaire Striders	M45	0:38:36	34		
243	283	Fred	Jewitt	Chapel Allerton Runners	MSEN	0:38:38	121		
244	1639	Scott	Wray	York Tri Club	M45	0:38:44	35		
245	972	Damien	Hanslip	Nidd Valley Road Runners	M45	0:38:45	36		
246	153	Adrian	Leach	Ackworth RR	M50	0:38:48	24		
247	1867	Ged	Hemblade	York Acorn	M55	0:38:48	21		Y
248	265	Nic	Cuthbertson	Chapel Allerton Runners	M55	0:38:54	22		
249	986	John	Mitton	Nidd Valley Road Runners	M45	0:38:55	37		
250	72	Jon	Richards	Abbey Runners	MSEN	0:38:57	122		
251	1642	Mike	Lakin	York Tri Club	M40	0:38:59	37		
252	2375	Rob	Gresswell	Rothwell Harriers	M45	0:39:00	38		
253	654	Andrew	Jackson	Ilkley Harriers	M50	0:39:01	25		
254	1297	Paul	Dixon	St Theresa's AC	M55	0:39:02	23		
255	961	James	Cook	Nidd Valley Road Runners	M45	0:39:04	39		
256	1304	Stuart	Gall	St Theresa's AC	MSEN	0:39:07	123		

257	798	Matt	Kasperek	Kirkstall Harriers	MSEN	0:39:10	124		
258	1056	Michael	Gomersall	Rothwell Harriers	M45	0:39:10	40		
259	1351	David	Morley	St Theresa's AC	M55	0:39:11	24		
260	1470	Leroy	Sutton	Valley Striders	M55	0:39:16	25		
261	46	Matt	Ellis	Abbey Runners	M40	0:39:18	38		
262	208	Paul	Grindley	Airecentre Pacers	M50	0:39:20	26		
263	851	Stephen	Groves	Kirkstall Harriers	MSEN	0:39:22	125		
264	1824	Jason	Twigg	Valley Striders	MSEN	0:39:26	126		
265	1128	Mark	Hobson	Roundhay Runners	MSEN	0:39:28	127		
266	956	Mark	Armstrong	Nidd Valley Road Runners	M45	0:39:34	41		
267	168	Terry	Sinar	Ackworth RR	M50	0:39:36	27		
268	811	Neil	Marshall	Kirkstall Harriers	MSEN	0:39:41	128		
269	2388	Gyorgy	Imris	Eccleshill RR	M40	0:39:50	39		
270	1877	Philip	Wood-Bradley	Roundhay Runners	MSEN	0:39:51	129		Y
271	1732	Edd	Almond	Rodillian Runners	MSEN	0:39:53	130		Y
272	837	Simon	Smith	Kirkstall Harriers	M45	0:39:59	42		
273	1086	Roger	Ward	Rothwell Harriers	M55	0:40:02	26		
274	1496	Pete	Callaghan	Wetherby Runners	M50	0:40:04	28		
275	594	Jason	Newell	Hyde Park Harriers	M45	0:40:08	43		
276	469	Martin	Coates	Horsforth Harriers	M40	0:40:10	40		
277	299	John	McSorley	Chapel Allerton Runners	M40	0:40:11	41		
278	431	Mark	Seymour	Harrogate Harriers	M55	0:40:14	27		
279	678	Geoffrey	White	Ilkley Harriers	MSEN	0:40:14	131		
280	548	Gordon	Crawford	Hyde Park Harriers	M60	0:40:22	6		
281	609	Paul	Sawyer	Hyde Park Harriers	MSEN	0:40:27	132		
282	1224	Martin	Love	Saltaire Striders	M50	0:40:28	29		
283	483	Ian	Griffiths	Horsforth Harriers	M40	0:40:29	42		
284	1490	Richard	Bell	Wetherby Runners	M50	0:40:35	30		
285	795	John	Hutchinson	Kirkstall Harriers	M65	0:40:36	5		
286	997	Phil	Robinson	Nidd Valley Road Runners	M50	0:40:37	31		
287	1634	Danny	Sampson	York Tri Club	M40	0:40:40	43		
288	409	Russell	Gregory	Harrogate Harriers	M55	0:40:48	28		
289	1265	Gary	Western	Saltaire Striders	M55	0:40:51	29		
290	1479	John	Wallace	Valley Striders	M50	0:40:54	32		
291	463	Paul	Beal	Horsforth Harriers	MSEN	0:40:56	133		
292	640	Alan	Pollock	Hyde Park Harriers	MSEN	0:40:57	134		
293	74	Mike	Smith	Abbey Runners	M40	0:41:01	44		
294	257	Rob	Baxter	Chapel Allerton Runners	M45	0:41:03	44		
295	1768	Peter	Grant	Harrogate Tri Club	M50	0:41:03	33		
296	1833	Richard	Blakeley	Roundhay Runners	M70	0:41:06	1		
297	1466	Alistair	Smyth	Valley Striders	M55	0:41:07	30		
298	571	John	Hayes	Hyde Park Harriers	M50	0:41:11	34		
299	1418	Malcolm	Coles	Valley Striders	M75	0:41:16	1		
300	213	Mike	Jarvis	Airecentre Pacers	M45	0:41:19	45		
301	207	Nick	Ford	Airecentre Pacers	MSEN	0:41:20	135		
302	639	Paul	Whitehurst	Hyde Park Harriers	M40	0:41:21	45		
303	398	Alan	Couldwell	Harrogate Harriers	M60	0:41:24	7		
304	37	Garry	Brownbridge	Abbey Runners	M55	0:41:26	31		
305	34	James	Balkwill	Abbey Runners	M45	0:41:34	46		
306	1670	Marc	Steele	Eccleshill RR	MSEN	0:41:37	136		
307	336	Graham	Burns	Dragons RC	MSEN	0:41:39	137		
308	165	Jonathan	Routledge	Ackworth RR	M50	0:41:48	35		

309	756	Peter	Britton	Kirkstall Harriers	M55	0:41:51	32		
310	824	Kieran	O'Brien	Kirkstall Harriers	M40	0:41:52	46		
311	1432	Rob	Hamilton	Valley Striders	M50	0:41:54	36		
312	1333	David	Leaf	St Theresa's AC	M65	0:41:58	6		
313	1463	Chris	Sawyer	Valley Striders	M55	0:42:00	33		
314	211	Chris	Hill	Airecentre Pacers	M60	0:42:00	8		
315	1203	Alun	Griffiths	Saltaire Striders	M55	0:42:01	34		
316	1712	Robert	Gummerson	Kippax Harriers	M40	0:42:05	47		
317	959	Michael	Benson	Nidd Valley Road Runners	MSEN	0:42:05	138		
318	1866	Jerry	Barnes	York Acorn	M55	0:42:09	35		Y
319	1674	Robert	Sutton	Eccleshill RR	M50	0:42:15	37		
320	527	Kevin	Watson	Horsforth Harriers	M70	0:42:20	2		
321	1653	Stephen	Gledhill	Eccleshill RR	M50	0:42:30	38		
322	1862	Paul	Manning	Nidd Valley Road Runners	M45	0:42:37	47		Y
323	421	Stephen	Nesbitt	Harrogate Harriers	M45	0:42:40	48		
324	554	Richard	Edwards	Hyde Park Harriers	M40	0:42:46	48		
325	1539	Graham	Breeze	Wharfedale Harriers	M70	0:42:49	3		
326	1434	Stuart	Harris	Valley Striders	MSEN	0:42:53	139		
327	1473	Mick	Tinker	Valley Striders	M60	0:42:55	9		
328	1546	Roger	Hall	Wharfedale Harriers	M65	0:43:07	7		
329	1624	James	Huxford	York Tri Club	MSEN	0:43:08	140		
330	169	Tyler	Starks	Ackworth RR	MSEN	0:43:09	141		
331	878	Paul	Heywood	Knaresborough Striders	M45	0:43:10	49		
332	171	Chris	Taylor	Ackworth RR	M65	0:43:22	8		
333	461	Steve	Allen	Horsforth Harriers	M40	0:43:25	49		
334	161	Andrew	Nuut	Ackworth RR	MSEN	0:43:35	142		
335	1663	Gary	Popple	Eccleshill RR	M50	0:43:37	39		
336	586	Andrew	Maddock	Hyde Park Harriers	MSEN	0:43:38	143		
337	783	Paul	Glover	Kirkstall Harriers	M70	0:43:45	4		
338	73	Sean	Robinson	Abbey Runners	M40	0:43:51	50		
339	1716	John	Walsh	Rodillian Runners	M45	0:44:03	50		Y
340	706	Paul	Durkin	Kippax Harriers	M50	0:44:04	40		
341	987	Marcos	Montana	Nidd Valley Road Runners	MSEN	0:44:10	144		
342	1171	Keith	Abson	Saltaire Striders	M65	0:44:17	9		
343	583	Ralph	Kidner	Hyde Park Harriers	M60	0:44:17	10		
344	1819	Brian	Perfitt	Eccleshill RR	M45	0:44:26	51		
345	1743	Clive	Walton	Abbey Runners	M45	0:44:33	52		
346	1707	John	Archer	York Tri Club	M65	0:44:55	10		
347	1469	Martin	Sutcliffe	Valley Striders	MSEN	0:44:59	145		
348	2393	Mohan Lal	Mistry	Saltaire Striders	M55	0:45:00	36		
349	1588	Barry	Markey	Bradford Airedale	M55	0:45:04	37		
350	33	Peter	Badkin	Abbey Runners	M50	0:45:28	41		
351	1300	Richard	Ellis	St Theresa's AC	M45	0:45:33	53		
352	1145	Ian	Rayner	Roundhay Runners	M55	0:45:55	38		
353	826	Sean	O'Halloran	Kirkstall Harriers	MSEN	0:46:20	146		
354	1174	Frank	Beecroft	Saltaire Striders	M50	0:46:21	42		
355	1430	Neil	Hall	Valley Striders	MSEN	0:46:27	147		
356	841	Malcolm	Taylor	Kirkstall Harriers	MSEN	0:46:30	148		
357	1058	Graham	Hawden	Rothwell Harriers	M55	0:46:30	39		
358	493	Gordon	Little	Horsforth Harriers	M65	0:46:41	11		
359	722	Jay	Kitchen	Kippax Harriers	M55	0:46:52	40		
360	1696	Drew	Ward	Wetherby Runners	M60	0:46:55	11		

361	45	Adam	Ellis	Abbey Runners	M40	0:47:15	51		
362	885	Eric	Morley	Knaresborough Striders	M60	0:47:15	12		
363	569	Phil	Hammond	Hyde Park Harriers	M55	0:47:33	41		
364	1444	Bob	Jackson	Valley Striders	M65	0:47:37	12		
365	1286	Peter	Boyle	St Theresa's AC	M65	0:47:39	13		
366	88	David	Beesley	Abbey Runners	MSEN	0:47:50	149		
367	1552	Raj	Madhas	Wharfedale Harriers	M50	0:47:58	43		
368	1854	Dave	Paver	City of York	M60	0:48:09	13		Y
369	1319	Michael	Higgins	St Theresa's AC	M65	0:48:10	14		
370	1134	Nick	Lankester	Roundhay Runners	MSEN	0:48:28	150		
371	1082	Kevin	Stott	Rothwell Harriers	M55	0:48:37	42		
372	1857	David	Metcafe	Fellandale	MSEN	0:48:47	151		Y
373	1868	Tony	Haygarth	Valley Striders	M65	0:49:01	15		Y
374	565	Matthew	Gray	Hyde Park Harriers	MSEN	0:49:21	152		
375	513	Peter	Scanlon	Horsforth Harriers	M70	0:50:05	5		
376	662	Don	Macrae	Ilkley Harriers	M70	0:50:31	6		
377	1855	Iain	Wood	Ackworth RR	M40	0:50:39	52		Y
378	1600	Peter	Wood	Bradford Airedale	M50	0:51:24	44		
379	242	Simon	Walker	Airecentre Pacers	MSEN	0:51:34	153		
380	1305	Andrew	Gardner	St Theresa's AC	M60	0:52:05	14		
381	144	Paul	Gallagher	Ackworth RR	M45	0:52:47	54		
382	789	Peter	Hey	Kirkstall Harriers	M60	0:52:48	15		
383	506	Keith	Park	Horsforth Harriers	M60	0:54:17	16		
384	209	Daniel	Hawes	Airecentre Pacers	MSEN	0:54:22	154		
385	724	Leslie	Kitching	Kippax Harriers	M65	0:56:55	16		
386	2384	Antonio	Cardinale	Otley AC	MSEN	0:58:15	155		Y
387	204	Dave	Cook	Airecentre Pacers	M50	1:00:32	45		
388	139	Tom	Camponi	Ackworth RR	MSEN	1:04:55	156		
389	1672	Ian	Storey	Eccleshill RR	M40	1:08:58	53		