

PECO Cross Country League 2018-19: Race 3 (West Park)

Senior Ladies Results

Position	Race No.	Surname	First Name	Club	Age Category	Time	Cat Pos	2nd Claim	Guest
1	4609	Taylor-Brown	Georgia	Sale Harriers	FSEN	32:17	1		Y
2	4403	Cross	Helen	York Triathlon Club	F35	32:54	1	Y	
3	3061	Rogers	Alice	Abbey Runners	FSEN	33:41	2		
4	3442	Wall	Aisling	Horsforth Harriers	FSEN	34:12	3		
5	4360	Padilla	Monica	Wharfedale Harriers	FSEN	34:23	4		
6	4342	Graham	Ailish	Wharfedale Harriers	FSEN	34:34	5		
7	3312	Goecker	Crystal	Harrogate Harriers & AC	F35	35:03	2		
8	3148	Winter	Rebecca	Ackworth Road Runners	FSEN	35:09	6		
9	4433	Ball	Karen	Ackworth Road Runners	F40	35:25	1		
10	3607	Ballantyne	Emma	Kirkstall Harriers	FSEN	35:32	7	Y	
11	3946	Lewis	Susan	Roundhay Runners	F40	35:58	2		
12	4348	Kallenberg	Hannah	Wharfedale Harriers	FSEN	35:59	8		
13	4500	Martin	Sophie	Wharfedale Harriers	FSEN	36:07	9		
14	3418	O'sullivan	Sarah	Horsforth Harriers	F40	36:25	3	Y	
15	3102	Hunter	Sarah	Ackworth Road Runners	FSEN	36:31	10		
16	4464	Rowe	Isabelle	Knaresborough Striders	FSEN	36:32	11		
17	4236	Jones	Myra	Valley Striders	F35	36:37	3		
18	3380	Clegg	Lindsey	Horsforth Harriers	F35	36:51	4		
19	4021	Walmsley	Nicola	Roundhay Runners	F35	36:54	5		
20	4619	Carter	Rachel	Ilkley Harriers	F40	37:04	4		
21	3336	Robinson	Emma	Harrogate Harriers & AC	F35	37:30	6		
22	4289	Andrews	Nicky	Wetherby Runners AC	FSEN	37:37	12		
23	3538	Young	Amy	Hyde Park Harriers	FSEN	37:46	13		
24	3993	Say	Julia	Roundhay Runners	F45	37:49	1		
25	3934	Howard	Claire	Roundhay Runners	F45	37:59	2	Y	
26	3908	Dransfield	Laura	Roundhay Runners	FSEN	38:20	14		
27	3212	Garnett	Suzanne	Chapel Allerton RC	FSEN	38:36	15		
28	3325	Mawer	Lisa	Harrogate Harriers & AC	F50	38:45	1		
29	4486	Yates	Amy	St Therasas AC	FSEN	38:50	16		
30	3907	Dransfield	Emma	Roundhay Runners	FSEN	39:00	17		
31	4250	Mann	Sarah	Valley Striders	F35	39:11	7		
32	3040	Kilcoyne	Alexandra	Abbey Runners	FSEN	39:14	18		
33	3067	Stansbie	Lisa	Abbey Runners	F40	39:15	5		
34	3012	Clark	Michaela	Abbey Runners	F45	39:18	3		
35	3308	Evans	Charlotte	Harrogate Harriers & AC	F40	39:23	6		
36	4581	Firth	Alexandra	Abbey Runners	FSEN	39:34	19		
37	3319	Hirst	Chloe	Harrogate Harriers & AC	FSEN	39:54	20		
38	3021	Fox	Hannah	Abbey Runners	FSEN	39:55	21		
39	3244	Sturley	Charlotte	Chapel Allerton RC	FSEN	39:56	22		
40	4036	Birchall	Emily	Saltaire Striders	FSEN	39:58	23	Y	
41	3686	Lowery	Sima	Knaresborough Striders	F40	39:58	7		
42	3913	Elson	Sara	Roundhay Runners	F45	40:07	4		
43	3672	Yamaguchi	Hikari	Kirkstall Harriers	FSEN	40:24	24		
44	3455	Baldry	Honor	Hyde Park Harriers	FSEN	40:24	25		
45	3817	Davies	Sian	Rothwell Harriers & AC	FSEN	40:30	26		
46	4437	Newbound	Hayley	Ackworth Road Runners	FSEN	40:30	27	Y	
47	3162	Haigh	Sally	Airecentre Pacers	F50	40:34	2		
48	4351	Kirkham	Katherine	Wharfedale Harriers	F40	40:37	8		

49	3169	Macfarlane	Kate	Airecentre Pacers	FSEN	40:41	28		
50	4274	Spencer	Amanda	Valley Striders	F45	40:44	5		
51	3330	Oldroyd	Theresa	Harrogate Harriers & AC	F45	40:50	6		
52	3403	Harrison	Jenny	Horsforth Harriers	FSEN	40:51	29		
53	3058	Roden	Helen	Abbey Runners	F45	40:53	7		
54	3050	Mullen	Faye	Abbey Runners	FSEN	40:54	30		
55	4359	Needham	Lucy	Wharfedale Harriers	FSEN	40:56	31		
56	3357	Stephenson	Jo	Harrogate Tri Club	FSEN	40:59	32		
57	4330	Warner	Emma	Wetherby Runners AC	F40	41:00	9		
58	3615	Camm	Jill	Kirkstall Harriers	F40	41:11	10		
59	3470	Culshaw	Robin	Hyde Park Harriers	FSEN	41:12	33		
60	4173	Liu	Tao (judy)	St Therasas AC	F40	41:17	11		
61	4218	Gledhill	Steph	Valley Striders	F40	41:17	12		
62	3660	Sheehan	Therese	Kirkstall Harriers	FSEN	41:18	34		
63	4203	Capper	Claire	Valley Striders	FSEN	41:19	35		
64	3855	Skelhorn	Rowena	Rothwell Harriers & AC	F40	41:22	13		
65	4306	Derry	Joanne	Wetherby Runners AC	F50	41:23	3	Y	
66	4014	Underwood	Helen	Roundhay Runners	F35	41:29	8		
67	4580	Gregory	Olivia	Saltaire Striders	FSEN	41:35	36		
68	4594	Freeman	Helen	North Leeds Fell Runners	FSEN	41:35	37		Y
69	3879	Barker	Carmel	Roundhay Runners	F55	41:38	1		
70	4302	Davey	Jo	Wetherby Runners AC	F45	41:39	8		
71	4276	Sunderland	Sue	Valley Striders	F55	41:42	2		
72	3054	Phillips	Laura	Abbey Runners	FSEN	41:44	38		
73	4572	Barron	Rebecca	Nidd Valley Road Runners	FSEN	41:59	39		
74	3551	Howe	Caroline	Ilkley Harriers	F35	42:01	9		
75	3959	Morris	Helen	Roundhay Runners	F40	42:03	14		
76	3622	Gallon	Eleanor	Kirkstall Harriers	F35	42:04	10		
77	3461	Brown	Emma	Hyde Park Harriers	FSEN	42:04	40		
78	3504	Markless	Sarah	Hyde Park Harriers	FSEN	42:10	41		
79	3476	Evans	Clare	Hyde Park Harriers	FSEN	42:13	42		
80	4347	Howells	Judy	Wharfedale Harriers	F45	42:18	9		
81	3359	Thomson	Julia	Harrogate Tri Club	F50	42:23	4		
82	4411	Hall	Hazel	York Triathlon Club	F40	42:25	15		
83	4304	Dayson	Lianne	Wetherby Runners AC	FSEN	42:28	43		
84	3578	Follows	Emily	Kippax Harriers	F40	42:30	16		
85	3007	Benjamin	Bev	Abbey Runners	F50	42:39	5		
86	3409	Jones	Jessica	Horsforth Harriers	F35	42:39	11		
87	4584	Swindell	Jennifer	Ackworth Road Runners	FSEN	42:42	44		
88	3242	Simpson	Emily	Chapel Allerton RC	F35	42:44	12		
89	3519	Rhodes	Jo	Hyde Park Harriers	FSEN	42:45	45		
90	3065	Smith	Alison	Abbey Runners	F45	42:46	10		
91	3276	Kirkbright	Laura	Dragons Running Club	FSEN	42:57	46		
92	3068	Taylor	Katie	Abbey Runners	FSEN	42:57	47		
93	4301	Coster	Emma	Wetherby Runners AC	F45	43:00	11		
94	4246	Mackie	Rachel	Valley Striders	F45	43:01	12		
95	3747	Hughan	Sarah	Nidd Valley Road Runners	F40	43:01	17		
96	3954	Mcgrath	Helen	Roundhay Runners	F35	43:03	13		
97	3534	Underwood	Sarah	Hyde Park Harriers	FSEN	43:07	48		
98	3226	Mcgeachy	Denise	Chapel Allerton RC	F40	43:11	18		
99	3417	Oldridge	Jenny	Horsforth Harriers	F45	43:11	13		
100	4269	Schofield	Carole	Valley Striders	F55	43:19	3		

101	3092	Francis	Sue	Ackworth Road Runners	F55	43:23	4		
102	4144	Clark	Tillie	St Therasas AC	F5EN	43:26	49		
103	4103	Nash	Louise	Saltaire Striders	F45	43:29	14		
104	3262	Brown	Gillian	Dragons Running Club	F40	43:33	19		
105	4211	Eaves-Lai	Alison	Valley Striders	F35	43:36	14		
106	4337	Cowley	Jenni	Wharfedale Harriers	F40	43:38	20		
107	3158	Gatenby	Francesca	Airecentre Pacers	F35	43:40	15		
108	4371	Watson	Emma	Wharfedale Harriers	F5EN	43:44	50		
109	3974	Peterson	Hannah	Roundhay Runners	F5EN	43:45	51		
110	4583	Gaines	Tammy	Ackworth Road Runners	F35	43:51	16		
111	3866	Waite	Sarah	Rothwell Harriers & AC	F5EN	43:58	52		
112	3349	Whitaker	Helene	Harrogate Harriers & AC	F50	44:05	6		
113	3647	Muir	Marion	Kirkstall Harriers	F40	44:07	21		
114	4023	Welling	Claire	Roundhay Runners	F45	44:12	15		
115	4374	Woodhead	Laura	Wharfedale Harriers	F5EN	44:13	53		
116	3583	Hardy	Polly	Kippax Harriers	F40	44:14	22		
117	3525	Sass	Cara	Hyde Park Harriers	F5EN	44:18	54		
118	3796	Benson	Angela	Ripon Runners	F55	44:18	5		Y
119	3876	Azmoodeh	Arianne	Roundhay Runners	F5EN	44:18	55		
120	3965	Neame	Elisa	Roundhay Runners	F5EN	44:20	56		
121	4010	Traviss-Turner	Gemma	Roundhay Runners	F5EN	44:22	57		
122	4399	Archer	Kerry	York Triathlon Club	F35	44:23	17		
123	4263	Reddington	Liz	Valley Striders	F55	44:26	6		
124	4407	Foot	Pauline	York Triathlon Club	F50	44:34	7		
125	3051	Nesbitt	Gillian	Abbey Runners	F40	44:34	23		
126	4441	Booth	Samantha	Chapel Allerton RC	F5EN	44:36	58		
127	3413	Martin-Nevado	Mercedes	Horsforth Harriers	F45	44:37	16		
128	3711	Cooper	Katie	LUUCCC	F5EN	44:40	59		Y
129	4065	Foy	Tracy	Saltaire Striders	F45	44:41	17		
130	3151	Wrangles	Gail	Ackworth Road Runners	F45	44:43	18		
131	3345	Thomas	Anna	Harrogate Harriers & AC	F40	44:43	24		
132	3777	Simpson	Sue	Nidd Valley Road Runners	F55	44:45	7		
133	3198	Barnes	Philippa	Chapel Allerton RC	F35	44:49	18		
134	4451	Blackburn	Serena	Horsforth Harriers	F50	44:53	8		
135	4198	Ball	Liz	Valley Striders	F65	44:54	1		
136	3392	Elliott	Bev	Horsforth Harriers	F45	44:54	19		
137	3327	Moul	Sue	Harrogate Harriers & AC	F50	44:57	9		
138	3804	Jones	Nicola	Rodillian Runners	F5EN	44:58	60		Y
139	4509	Gripton	Beth	Rodillian Runners	F5EN	44:58	61		Y
140	3358	Sykes	Joanne	Harrogate Tri Club	F5EN	45:08	62		
141	4561	Grace	Charlotte	Ackworth Road Runners	F5EN	45:15	63		
142	3892	Chivers	Ann	Roundhay Runners	F35	45:21	19		
143	3114	Mottram	Terry	Ackworth Road Runners	F40	45:23	25		
144	4568	Smith	Charlotte	Ackworth Road Runners	F5EN	45:24	64		
145	4194	Westwood	Emma	St Therasas AC	F35	45:27	20		
146	4042	Bower	Janet	Saltaire Striders	F50	45:29	10		
147	3268	Davies	Jan	Dragons Running Club	F55	45:32	8		
148	4176	Macdonald	Wanda	St Therasas AC	F55	45:42	9		
149	4227	Hartley	Nicola	Valley Striders	F5EN	45:44	65		
150	3949	Lund	Judith	Roundhay Runners	F40	45:46	26		
151	4113	Richardson	Laura	Saltaire Striders	F5EN	45:48	66		
152	3844	Miah	Shahana	Rothwell Harriers & AC	F5EN	45:48	67		

153	3514	Ohno	Maika	Hyde Park Harriers	F45	45:50	20		
154	4535	David	Emma	Nidd Valley Road Runners	F40	46:01	27		
155	4308	Foster	Ann	Wetherby Runners AC	F45	46:07	21		
156	3346	Turner	Elizabeth	Harrogate Harriers & AC	F5EN	46:10	68		
157	3256	Wright	Louise	Chapel Allerton RC	F50	46:10	11		
158	3570	Copley	Clare	Kippax Harriers	F40	46:10	28		
159	3620	Crossley	Jane	Kirkstall Harriers	F5EN	46:14	69		
160	3062	Salih	Jasmine	Abbey Runners	F45	46:17	22		
161	4043	Brant	Helen	Saltaire Striders	F35	46:27	21		
162	4080	Holmes	Kirstie	Saltaire Striders	F40	46:29	29		
163	3637	King	Sheila	Kirkstall Harriers	F50	46:39	12		
164	4474	Zapal	Dorota	Rothwell Harriers & AC	F5EN	46:49	70		
165	3060	Roe	Katie	Abbey Runners	F35	46:55	22		
166	3691	Morley	Sue	Knaresborough Striders	F60	46:59	1		
167	3271	Forey	Helen	Dragons Running Club	F50	47:01	13		
168	3530	Stone	Dote	Hyde Park Harriers	F35	47:03	23		
169	3361	Turcan	Gill	Harrogate Tri Club	F50	47:06	14		
170	4030	Young	Claire	Roundhay Runners	F35	47:14	24		
171	3492	Houghton	Vicky	Hyde Park Harriers	F35	47:15	25		
172	4295	Britton	Amanda	Wetherby Runners AC	F45	47:16	23		
173	3684	Harrison	Lisa	Knaresborough Striders	F45	47:20	24		
174	3669	Ward	Sarah	Kirkstall Harriers	F5EN	47:22	71		
175	3020	Ferguson	Anya	Abbey Runners	F40	47:23	30		
176	4376	Bouderba	Deirdre	York Postal Harriers	F50	47:23	15		
177	4334	Broadhead	Diane	Wharfedale Harriers	F35	47:27	26		
178	3473	Edwards	Laura	Hyde Park Harriers	F5EN	47:30	72		
179	3680	Elmes	Julie	Knaresborough Striders	F50	47:32	16		
180	4285	Warren	Ruth	Valley Striders	F60	47:33	2		
181	4136	Atkinson	Karen	St Therasas AC	F45	47:40	25		
182	4078	Hey	Wendy	Saltaire Striders	F45	47:46	26		
183	4510	Kirkbright	Karen	Dragons Running Club	F50	47:50	17		
184	3587	Hunter	Alison	Kippax Harriers	F55	47:53	10		
185	3248	Timpson	Charlotte	Chapel Allerton RC	F35	47:56	27		
186	3843	Metcalfe	Lynne	Rothwell Harriers & AC	F50	47:57	18		
187	3516	Pullan	Alison	Hyde Park Harriers	F5EN	48:01	73		
188	4383	Ellwood	Melanie	York Postal Harriers	F5EN	48:04	74		
189	4324	Normington	Andrea	Wetherby Runners AC	F55	48:06	11		
190	3868	Watkins	Steph	Rothwell Harriers & AC	F40	48:06	31		
191	3888	Butterworth	Heather	Roundhay Runners	F5EN	48:11	75		
192	3283	Tomlinson	Sarah	Dragons Running Club	F45	48:12	27		
193	4191	Sharrott	Anna	St Therasas AC	F40	48:13	32		
194	3301	Beecher	Sarah	Harrogate Harriers & AC	F50	48:16	19		
195	3836	Kenny	Hayley	Rothwell Harriers & AC	F50	48:17	20		
196	3945	Lewis	Helen	Roundhay Runners	F45	48:18	28		
197	3018	Ellis	Ange	Abbey Runners	F40	48:19	33		
198	3353	Humble	Aggie	Harrogate Tri Club	F40	48:20	34	Y	
199	3487	Griffiths	Alys	Hyde Park Harriers	F5EN	48:21	76		
200	3480	Fulton	Heather	Hyde Park Harriers	F5EN	48:22	77		
201	3943	Leask	Nia	Roundhay Runners	F35	48:26	28		
202	3763	Peagam	Hannah	Nidd Valley Road Runners	F40	48:32	35		
203	3610	Bevainyte	Asta	Kirkstall Harriers	F5EN	48:41	78		
204	4448	Woodhead	Katharine	Harrogate Harriers & AC	F5EN	48:42	79		

205	3827	Hawden	Joanne	Rothwell Harriers & AC	F50	48:45	21		
206	4187	Reynolds	Lindsey	St Therasas AC	F45	48:46	29		
207	3542	Brown	Ros	Ilkley Harriers	F45	48:47	30		
208	3739	Gibson	Debbie	Nidd Valley Road Runners	F55	48:49	12		
209	4093	Love	Helen	Saltaire Striders	F60	48:49	3		
210	3661	Spencer	Collette	Kirkstall Harriers	F45	48:52	31		
211	4299	Connor	Cara	Wetherby Runners AC	F35	48:53	29		
212	4321	McGouran	Ursula	Wetherby Runners AC	F60	48:54	4	Y	
213	4294	Bell	Valerie	Wetherby Runners AC	F50	49:07	22		
214	3404	Harrop	Emma	Horsforth Harriers	F50	49:16	23		
215	4336	Charlesworth	Sarah	Wharfedale Harriers	F35	49:19	30		
216	4130	Western	Helen	Saltaire Striders	F50	49:24	24		
217	4132	Wood	Kerry	Saltaire Striders	F40	49:29	36		
218	4617	Langley-Smith	Madelin	Rodillian Runners	F50	49:30	80		Y
219	3074	Willis	Liz	Abbey Runners	F50	49:30	25		
220	3758	Mctague	Moira	Nidd Valley Road Runners	F60	49:32	5		
221	3145	Wigglesworth	Emma	Ackworth Road Runners	F45	49:33	32		
222	3840	Mann	Helen	Rothwell Harriers & AC	F55	49:35	13		
223	4118	Sherratt	Sarah	Saltaire Striders	F40	49:35	37		
224	4169	James	Julie	St Therasas AC	F55	49:37	14		
225	4326	Parker	Samantha	Wetherby Runners AC	F50	49:38	26		
226	3901	Cook	Mags	Roundhay Runners	F65	49:42	2		
227	3136	Tombs	Gail	Ackworth Road Runners	F65	49:52	3		
228	3971	Paliuc	Maria	Roundhay Runners	F50	50:01	81		
229	4405	Durrant	Helen	York Triathlon Club	F40	50:03	38		
230	3593	Mccluskey	Sue	Kippax Harriers	F50	50:03	27		
231	4158	Gill	Violet	St Therasas AC	F55	50:09	15		
232	3894	Clayman	Leanne	Roundhay Runners	F35	50:10	31		
233	3035	Johnson	Kate	Abbey Runners	F40	50:15	39		
234	3478	Forwood	Nicola	Hyde Park Harriers	F35	50:16	32		
235	3279	Park	Carolyn	Dragons Running Club	F40	50:17	40		
236	3560	Pickering	Anna	Ilkley Harriers	F50	50:20	82		
237	3253	Wheatley	Bekki	Chapel Allerton RC	F35	50:22	33		
238	4460	Sanders	Caroline	Hyde Park Harriers	F40	50:24	41		
239	3694	Singleton	Pamela	Knaresborough Striders	F55	50:26	16		
240	3670	Warren	Sandra	Kirkstall Harriers	F45	50:31	33		
241	3791	Wilkinson	Nadene	Nidd Valley Road Runners	F35	50:32	34		
242	3172	Podesta	Sarah	Airecentre Pacers	F40	50:34	42		
243	3703	Wood	Edna	Knaresborough Striders	F55	50:34	17		
244	4585	Waite	Helen	Airecentre Pacers	F35	50:36	35		
245	4554	Pickering	Sally	Ilkley Harriers	F50	50:37	28		
246	3880	Blakeley	Alyson	Roundhay Runners	F40	50:41	43		
247	4447	Townend	Jillie	Harrogate Harriers & AC	F60	50:41	6		
248	3063	Scott	Katharine	Abbey Runners	F40	50:41	44		
249	3466	Colman	Eleanor	Hyde Park Harriers	F50	50:43	83		
250	3624	Glover	Alyson	Kirkstall Harriers	F50	51:01	29		
251	3026	Hodkinson	Sophie	Abbey Runners	F50	51:02	84		
252	3029	Hulme-Vickerstaff	Lisa	Abbey Runners	F50	51:10	30		
253	4139	Belford-Mcdowell	Lisa	St Therasas AC	F45	51:10	34		
254	3805	Lngley	Jo	Rodillian Runners	F55	51:13	18		Y
255	3013	Cohen	Lucy	Abbey Runners	F45	51:14	35		
256	3015	Davies	Rhiannon	Abbey Runners	F50	51:18	85		

257	3467	Coombes	Lizzie	Hyde Park Harriers	F50	51:18	31		
258	3053	Oughton	Jane	Abbey Runners	F55	51:21	19		
259	3576	Durkin	Linda	Kippax Harriers	F55	51:23	20		
260	3165	Hunter	Claire	Airecentre Pacers	F35	51:24	36		
261	3139	Walker	Ruth	Ackworth Road Runners	F35	51:25	37		
262	3079	Bailey	Donna	Ackworth Road Runners	F40	51:26	45		
263	4063	Fletcher	Harriet	Saltaire Striders	F45	51:33	36		
264	4215	Fotherby	Pascale	Valley Striders	F40	51:40	46		
265	3002	Ashworth	Kathryn	Abbey Runners	F40	51:44	47		
266	3940	King	Vicki	Roundhay Runners	F45	51:45	37		
267	3528	Solomon	Kate	Hyde Park Harriers	F50	51:46	86		
268	3220	Hutton	Rebecca	Chapel Allerton RC	F45	51:49	38		
269	3170	Parkinson	Lynda	Airecentre Pacers	F40	51:50	48		
270	3756	Manning	Jenny	Nidd Valley Road Runners	F45	51:51	39		
271	3199	Begum	Husna	Chapel Allerton RC	F50	52:01	87		
272	3267	Davies	Arlene	Dragons Running Club	F55	52:02	21		
273	3269	Denning	Jeannette	Dragons Running Club	F55	52:04	22		
274	3735	Dilasser	Debbie	Nidd Valley Road Runners	F40	52:04	49		
275	3187	Robinson	Sharron	Bradford Airedale AC	F45	52:05	40		
276	3857	Stakes	June	Rothwell Harriers & AC	F45	52:05	41		
277	4427	Schofield	Emily	York Triathlon Club	F50	52:11	88		
278	3116	Needham	Lesley	Ackworth Road Runners	F55	52:18	23		
279	3816	Clifford	Carole	Rothwell Harriers & AC	F50	52:20	32		
280	3980	Quayle	Deborah	Roundhay Runners	F35	52:20	38		
281	4488	Johnstone	Vicki	Valley Striders	F45	52:20	42		
282	4368	Thompson	Su	Wharfedale Harriers	F50	52:22	33		
283	3851	Ramsden	Denise	Rothwell Harriers & AC	F50	52:23	34		
284	3682	Graham	June	Knaresborough Striders	F55	52:25	24		
285	3594	Mctaggart	Annette	Kippax Harriers	F45	52:25	43		
286	3952	May	Melanie	Roundhay Runners	F55	52:28	25		
287	3611	Boardman	Karen	Kirkstall Harriers	F50	52:30	89		
288	4004	Sunderland	Joanne	Roundhay Runners	F45	52:30	44		
289	4591	Lees	Fyn	Knaresborough Striders	F35	52:33	39		
290	3601	Penrose	Katherine	Kippax Harriers	F65	52:34	4		
291	4344	Hargreaves	Lynda	Wharfedale Harriers	F50	52:36	35		
292	3086	Bourner	Wendy	Ackworth Road Runners	F50	52:36	36		
293	3784	Thompson	Rosemary	Nidd Valley Road Runners	F50	52:37	37		
294	3041	Lavery	Lesley	Abbey Runners	F50	52:39	38		
295	3223	Lewis	Nicola	Chapel Allerton RC	F35	52:41	40		
296	3919	Gabriel	Kate	Roundhay Runners	F55	52:56	26		
297	3182	Farooq	Kohli	Bradford Airedale AC	F50	53:04	39		
298	3599	Pell	Valerie	Kippax Harriers	F60	53:06	7		
299	4051	Davis	Denise	Saltaire Striders	F50	53:11	40		
300	3282	Sykes	Laura	Dragons Running Club	F35	53:13	41		
301	3266	Cowburn	Sarah	Dragons Running Club	F35	53:13	42		
302	3575	Downham	Karen	Kippax Harriers	F55	53:21	27		
303	4096	Mason	Anne	Saltaire Striders	F40	53:22	50		
304	3700	Welsby	Kerensa	Knaresborough Striders	F50	53:27	41		
305	3270	Featherstone	Claire	Dragons Running Club	F50	53:37	90		
306	3213	Gooch	Rebecca	Chapel Allerton RC	F45	53:38	45		
307	3697	Taylor	Sally	Knaresborough Striders	F50	53:39	42		
308	3416	Mingham	Joanna	Horsforth Harriers	F60	53:41	8	Y	

309	3141	Warren	Catherine	Ackworth Road Runners	F50	53:50	43		
310	4053	Dell'amico	Louise	Saltaire Striders	F40	53:51	51		
311	3057	Robson	Evie	Abbey Runners	F35	53:56	43		
312	3048	Molyneux	Kathryn	Abbey Runners	F35	53:57	44		
313	3289	Kisluk	Ann	Eccleshill Road Runners	F50	53:57	44		
314	4045	Briggs	Josie	Saltaire Striders	F50	54:06	45		
315	3167	Keighley	Carole	Airecentre Pacers	F55	54:08	28		
316	4495	Bright	Sarah	Wharfedale Harriers	F35	54:10	45		
317	3368	Nicholson	Debi	Horsforth Fellandale	F40	54:10	52		
318	3979	Pyner	Ali	Roundhay Runners	F35	54:21	46		
319	3948	Lowe	Liz	Roundhay Runners	F50	54:24	46		
320	4071	Guy	Frances	Saltaire Striders	F50	54:25	47		
321	3856	Sobratee	Leanne	Rothwell Harriers & AC	F35	54:28	47		
322	3569	Chapman	Wendy	Kippax Harriers	F55	54:29	29		
323	4237	Kara	Leila	Valley Striders	F50	54:32	48		
324	3865	Turner	Jayne	Rothwell Harriers & AC	F45	54:39	46		
325	3573	Davy	Carolyn	Kippax Harriers	F40	54:42	53		
326	4544	Mcgurk	Julie	Valley Striders	F50	54:45	49		
327	4153	Fletcher	Lynn	St Therasas AC	F65	54:46	5		
328	3555	Lofthouse	Kate	Ilkley Harriers	F55	54:49	30		
329	4513	Barton	Debbie	Ackworth Road Runners	F50	54:51	50		
330	3788	Waring	Joanne	Nidd Valley Road Runners	F45	55:01	47		
331	4047	Bruckner	Cat	Saltaire Striders	F35	55:02	48		
332	4458	Lundgren	Joanne	Hyde Park Harriers	F50	55:09	91		
333	3807	Thompson	Louise	Rodillian Runners	F40	55:10	54		Y
334	4060	Eyres	Michelle	Saltaire Striders	F55	55:16	31		
335	4254	Murray	Becky	Valley Striders	F40	55:19	55		
336	4061	Farquhar	Fiona	Saltaire Striders	F45	55:20	48		
337	3643	Mclarnon	Shevonne	Kirkstall Harriers	F45	55:22	49		
338	3194	Allen	Elizabeth	Chapel Allerton RC	F45	55:25	50		
339	3646	Moran	Carol	Kirkstall Harriers	F55	55:26	32		
340	4073	Hailwood-Mccallion	Gemma	Saltaire Striders	F35	55:40	49		
341	3247	Terry	Carly	Chapel Allerton RC	F35	55:45	50		
342	3773	Scott	Ewa	Nidd Valley Road Runners	F45	55:53	51		
343	3028	House	Meg	Abbey Runners	F50	55:54	92		
344	4364	Schofield	Jayne	Wharfedale Harriers	F45	56:01	52		
345	3964	Navarro	Penelope	Roundhay Runners	F40	56:05	56		
346	3930	Hill	Penny	Roundhay Runners	F50	56:06	51		
347	3970	Osborn	Rachel	Roundhay Runners	F40	56:07	57		
348	4479	Powell	Ange	Roundhay Runners	F50	56:10	52		
349	4484	Hattrell	Becca	St Therasas AC	F50	56:28	93		
350	4485	Judge	Katherine	St Therasas AC	F35	56:28	51		
351	4391	Robson	Laura	York Postal Harriers	F50	56:29	94		
352	4072	Hague	Suzanne	Saltaire Striders	F50	56:31	53		
353	4435	Copeland	Caroline	Ackworth Road Runners	F40	56:34	58		
354	4582	Altinbas	Kerri	Ackworth Road Runners	F35	56:39	52		
355	3829	Head	Karen	Rothwell Harriers & AC	F45	56:40	53		
356	4007	Taylor	Fiona	Roundhay Runners	F50	56:44	54		
357	3973	Parmley	Hannah	Roundhay Runners	F50	56:44	95		
358	4598	Hector	Donna	Saltaire Striders	F40	56:45	59		
359	4557	Sommerville	Charlotte	Rodillian Runners	F50	57:04	55		Y
360	4115	Rix	Carolyn	Saltaire Striders	F60	57:25	9		

361	3942	Knight	Charlotte	Roundhay Runners	FSEN	57:37	96		
362	3742	Hill	Jane	Nidd Valley Road Runners	F40	57:58	60		
363	4026	Williams	Judith	Roundhay Runners	F55	58:11	33		
364	4048	Bugg	Sheila	Saltaire Striders	F45	58:15	54		
365	4525	Bellwood	Zeni	Hyde Park Harriers	FSEN	58:17	97		
366	3224	Lowson	Lindsay	Chapel Allerton RC	F50	58:20	56		
367	3238	Ross	Heather	Chapel Allerton RC	F40	58:20	61		
368	3861	Taylor	Kay	Rothwell Harriers & AC	F50	58:30	57		
369	4622	Whittaker	Donna	Bradford Airedale AC	F40	58:41	62		
370	3155	Connor	Amanda	Airecentre Pacers	F40	58:45	63		
371	4110	Pepper	Sheila	Saltaire Striders	F65	58:58	6		
372	3566	Wright	Sally	Ilkley Harriers	F55	59:24	34		
373	3055	Rhodes	Amanda	Abbey Runners	F45	59:28	55		
374	4148	Denman	Sarah	St Therasas AC	F35	59:32	53		
375	4188	Rowley	Sam	St Therasas AC	F45	59:32	56		
376	3760	Morten	Sylvia	Nidd Valley Road Runners	F55	59:34	35		
377	4424	Proctor	Nicky	York Triathlon Club	F50	1:00:25	58		
378	4406	Fligg	Jayne	York Triathlon Club	F45	1:00:25	57	Y	
379	3188	Russell	Kirsty	Bradford Airedale AC	F45	1:01:09	58	Y	
380	3987	Roberts	Rachel	Roundhay Runners	FSEN	1:01:17	98		
381	3153	Eaton	Sue	Ackworth Road Runners	F45	1:01:21	59		
382	3496	Johnson	Robyn	Hyde Park Harriers	FSEN	1:01:38	99		
383	4076	Hardy	Charlotte	Saltaire Striders	F40	1:01:42	64		
384	4597	Rayner	Katie	Roundhay Runners	FSEN	1:01:49	100		
385	3958	Moore	Megan	Roundhay Runners	FSEN	1:02:12	101		
386	3731	Coiley	Lianne	Nidd Valley Road Runners	F35	1:02:27	54		
387	3745	Hornsby	Jill	Nidd Valley Road Runners	F50	1:02:28	59		
388	3905	Devlin	Alison	Roundhay Runners	F65	1:02:44	7		
389	3232	Owen	Kath	Chapel Allerton RC	F35	1:03:13	55		
390	3098	Hall	Christine	Ackworth Road Runners	F60	1:03:24	10		
391	3768	Robinson	Fiona	Nidd Valley Road Runners	F50	1:03:45	60		
392	3982	Rayner	Jan	Roundhay Runners	F45	1:04:54	60		
393	4231	Hussey	Jean	Valley Striders	F65	1:05:01	8		
394	3968	O'donnell	Mary	Roundhay Runners	F35	1:05:03	56		
395	3512	Neugebauer	Sharron	Hyde Park Harriers	F55	1:05:28	36		
396	4611	Storey	Angela	Eccleshill Road Runners	F50	1:09:07	61		Y