

PECO Cross Country League 2018-19: Race 3 (West Park)
Senior Men's Results

Position	Race No.	Surname	First Name	Club	Age Category	Time	Cat Pos	2nd Claim	Guest
1	4349	Kallenberg	Michael	Wharfedale Harriers	MSEN	28:31	1	Y	
2	4436	Forrest	Terence	Ackworth Road Runners	MSEN	28:50	2		
3	3912	Elson	Callum	Roundhay Runners	MSEN	29:12	3		
4	4610	Howie	Robin	Wharfedale Harriers	MSEN	29:46	4		
5	4032	Baldwin	Tim	Saltaire Striders	MSEN	30:16	5		
6	4335	Burns	Alisdair	Wharfedale Harriers	M35	30:32	1		
7	4223	Hallam	Matthew	Valley Striders	MSEN	30:36	6		
8	3434	Smith	Mark	Horsforth Harriers	M35	31:06	2		
9	4028	Wills	Jonathan	Roundhay Runners	M40	31:16	1		
10	3375	Boynton	Philip	Horsforth Harriers	MSEN	31:18	7		
11	4162	Grant	Daniel	St Therasas AC	MSEN	31:29	8		
12	3535	Vargas	Michael	Hyde Park Harriers	MSEN	31:32	9		
13	4497	Holmes	Christian	Wharfedale Harriers	M45	31:36	1		
14	3046	Midgley	Tim	Abbey Runners	M35	31:41	3	Y	
15	3454	Bagot	David	Hyde Park Harriers	MSEN	31:44	10	Y	
16	4608	Livermore	Phil	North Leeds Fell Runners	M40	31:44	2		Y
17	3451	Anderson	George	Hyde Park Harriers	MSEN	31:47	11		
18	3503	Lomas	Adam	Hyde Park Harriers	MSEN	31:57	12		
19	3237	Robins	Sam	Chapel Allerton RC	MSEN	32:03	13		
20	3787	Wakelin	Luke	Nidd Valley Road Runners	MSEN	32:10	14		
21	4082	Hull	Greg	Saltaire Striders	M50	32:14	1	Y	
22	3938	Jenner	Tim	Roundhay Runners	MSEN	32:19	15		
23	4527	Jordan	Rupert	Hyde Park Harriers	MSEN	32:22	16		
24	4260	Pownall	Jon	Valley Striders	MSEN	32:25	17		
25	3550	Gott	Steven	Ilkley Harriers	M40	32:27	3		
26	4164	Herrington	Richard	St Therasas AC	M35	32:29	4		
27	3484	Goose	Philip	Hyde Park Harriers	MSEN	32:31	18		
28	4350	Kirkham	David	Wharfedale Harriers	M40	32:32	4		
29	4062	Fillingham	Martin	Saltaire Striders	M45	32:34	2		
30	3391	Edmondson	Neal	Horsforth Harriers	MSEN	32:37	19		
31	3164	Humphries	Andrew	Airecentre Pacers	MSEN	32:38	20		
32	3975	Pinn	Steve	Roundhay Runners	M40	32:39	5		
33	3117	Newton	Simon	Ackworth Road Runners	M40	32:41	6		
34	4283	Venning	Tom	Valley Striders	M40	32:42	7		
35	503	Armstrong	Ross	Abbey Runners	MSEN	32:44	21		
36	4114	Richardson	Matthew	Saltaire Striders	M35	32:47	5		
37	4373	Willis	Ian	Wharfedale Harriers	M45	32:48	3	Y	
38	4343	Green	Sam	Wharfedale Harriers	MSEN	32:50	22		
39	3790	Wilkinson	Matthew	Nidd Valley Road Runners	M35	32:53	6		
40	4046	Brown	Andy	Saltaire Striders	M50	32:58	2		
41	4590	Thomas	Tom	Hyde Park Harriers	MSEN	33:00	23		
42	3802	Harrison	Ian	Rodillian Runners	M35	33:01	7		Y
43	3619	Coldwell	Ben	Kirkstall Harriers	MSEN	33:02	24		
44	3673	Young	Jonathan	Kirkstall Harriers	MSEN	33:06	25		
45	3920	Gibbs	Richard	Roundhay Runners	M40	33:07	8		
46	3933	Holder	Jacob	Roundhay Runners	MSEN	33:08	26		
47	4417	Lavin	Robin	York Triathlon Club	MSEN	33:12	27		
48	3034	Jenkins	Liam	Abbey Runners	MSEN	33:16	28		
49	3511	Milne	Angus	Hyde Park Harriers	MSEN	33:19	29		
50	3957	Moakler	Ben	Roundhay Runners	M35	33:29	8		

51	4197	Ball	Jonathan	Valley Striders	M40	33:30	9		
52	4588	Gallagher	Mike	Hyde Park Harriers	M35	33:30	9		
53	3820	Fleming	Andrew	Rothwell Harriers & AC	M35	33:33	10		
54	4272	Smith	Richard	Valley Striders	MSEN	33:35	30	Y	
55	3036	Jones	Simon	Abbey Runners	MSEN	33:37	31		
56	3179	Forsyth	Andrew	Askern District RC	M55	33:38	1		Y
57	4057	Dunbar	Stuart	Saltaire Striders	M55	33:40	2		
58	3918	Furlong	Ian	Roundhay Runners	M35	33:42	11	Y	
59	3794	Navis	John	Pudsey & Bramley AC	MSEN	33:43	32		
60	4183	Newsome	Paul	St Therasas AC	M45	33:47	4		
61	3767	Robinson	Alex	Nidd Valley Road Runners	MSEN	33:49	33		
62	3272	Forey	Jonathan	Dragons Running Club	M50	33:57	3		
63	3207	Dearden	Mike	Chapel Allerton RC	M35	33:57	12		
64	3741	Harvey	Tim	Nidd Valley Road Runners	M45	33:58	5	Y	
65	4472	Mace	James	Rothwell Harriers & AC	MSEN	33:59	34		
66	3335	Richardson	Timothy	Harrogate Harriers & AC	MSEN	34:03	35		
67	4207	Crawley	Richard	Valley Striders	MSEN	34:06	36		
68	4249	Mann	Gary	Valley Striders	M35	34:07	13		
69	3366	Lynch	Tom	Horsforth Fellandale	M35	34:08	14	Y	
70	4318	Kwallah	Joseph	Wetherby Runners AC	M50	34:11	4		
71	4501	Pratt	Daniel	Wharfedale Harriers	M35	34:14	15		
72	3821	Garside	Simon	Rothwell Harriers & AC	M50	34:15	5		
73	3493	Howard	Robert	Hyde Park Harriers	MSEN	34:16	37		
74	3397	Gidlow	Paul	Horsforth Harriers	M40	34:18	10		
75	3632	Hipkiss	Jack	Kirkstall Harriers	MSEN	34:18	38		
76	3960	Morton	Joseph	Roundhay Runners	M35	34:18	16		
77	4356	Mcguire	Dave	Wharfedale Harriers	M50	34:20	6		
78	3801	Ryder	Mark	Ripon Runners	M35	34:21	17		Y
79	3022	Franklin	James	Abbey Runners	M40	34:24	11		
80	3214	Greenland	Rob	Chapel Allerton RC	M45	34:25	6		
81	3190	Teggart	David	Bradford Airedale AC	M40	34:30	12		
82	4178	Maudsley	Ian	St Therasas AC	M35	34:31	18		
83	3701	Welton	Ted	Knarborough Striders	M45	34:34	7		
84	3653	O'brien	Alan	Kirkstall Harriers	MSEN	34:36	39		
85	3717	Yao	Zejun	LUUCCC	M35	34:37	19		
86	3814	Brown	Paul	Rothwell Harriers & AC	M50	34:38	7		
87	3408	Johnston	Ben	Horsforth Harriers	M35	34:41	20		
88	3037	Jones	Simon	Abbey Runners	M45	34:42	8		
89	3421	Plummer	Barnabas	Horsforth Harriers	MSEN	34:43	40		
90	4381	Ellwood	Glynn	York Postal Harriers	MSEN	34:44	41		
91	3752	Kirk	Adam	Nidd Valley Road Runners	MSEN	34:45	42		
92	3315	Harris	Tom	Harrogate Harriers & AC	MSEN	34:45	43		
93	4496	Charlesworth	Nicholas	Wharfedale Harriers	M50	34:46	8		
94	3059	Roden	James	Abbey Runners	M45	34:47	9		
95	3872	Wilson	Matthew	Rothwell Harriers & AC	M40	34:47	13		
96	3630	Hardy	Lee	Kirkstall Harriers	M35	34:48	21		
97	4018	Walker	Bobak	Roundhay Runners	M35	34:49	22		
98	3568	Blackburn	Peter	Kippax Harriers	M35	34:53	23		
99	4420	Martin	Ian	York Triathlon Club	M50	35:03	9		
100	3362	Wynn	Tom	Harrogate Tri Club	MSEN	35:05	44		
101	3010	Clark	Cal	Abbey Runners	MSEN	35:06	45		
102	4614	Bandy	Clive	Valley Striders	M40	35:07	14		
103	3109	Lines	Charles	Ackworth Road Runners	M55	35:09	3		

104	3431	Slevin	Finbar	Horsforth Harriers	MSEN	35:10	46		
105	3803	Hoban	Robert	Rodillian Runners	M35	35:10	24		Y
106	3196	Armitstead	Simon	Chapel Allerton RC	MSEN	35:17	47		
107	3645	Moger	Adam	Kirkstall Harriers	M40	35:18	15		
108	3524	Rose	Jack	Hyde Park Harriers	MSEN	35:19	48		
109	4275	Straughan	Tim	Valley Striders	M50	35:24	10		
110	3704	Wright	James	Knaresborough Striders	MSEN	35:26	49		
111	3343	Somerville	Gareth	Harrogate Harriers & AC	MSEN	35:30	50		
112	4064	Fowler	Steven	Saltaire Striders	M45	35:33	10		
113	3891	Carvello	James	Roundhay Runners	M40	35:33	16		
114	4024	White	Ali	Roundhay Runners	MSEN	35:39	51		
115	3176	Walker	Richard	Airecentre Pacers	M40	35:43	17		
116	3208	Fall	Chris	Chapel Allerton RC	MSEN	35:48	52		
117	4439	Walker	Gavin	Ackworth Road Runners	MSEN	35:50	53		
118	3520	Rhodes	Steve	Hyde Park Harriers	M55	35:52	4		
119	3754	Lofthouse	Martin	Nidd Valley Road Runners	M50	35:53	11		
120	3216	Harrold	Brian	Chapel Allerton RC	MSEN	35:55	54		
121	4595	Starkey	Daniel	North Leeds Fell Runners	MSEN	35:58	55		Y
122	4452	Brant	Greg	Horsforth Harriers	M35	35:59	25		
123	3830	Head	Steve	Rothwell Harriers & AC	M45	36:01	11		
124	3793	Barber	Edward	Pudsey & Bramley AC	MSEN	36:04	56		
125	4190	Schofield	George	St Therasas AC	MSEN	36:05	57		
126	4442	Lister	Mike	Chapel Allerton RC	MSEN	36:05	58		
127	4267	Sanderson	Ian	Valley Striders	M45	36:05	12		
128	3383	Critchley	Martin	Horsforth Harriers	M40	36:06	18		
129	3976	Powell	Edward	Roundhay Runners	M35	36:07	26		
130	4003	Steele	Joe	Roundhay Runners	M45	36:07	13		
131	3558	Murray	Steve	Ilkley Harriers	M45	36:09	14		
132	3639	Longmate	Kevin	Kirkstall Harriers	MSEN	36:12	59		
133	3422	Raby	Stephen	Horsforth Harriers	M55	36:12	5		
134	4524	Milton	Reece	Horsforth Harriers	MSEN	36:13	60		
135	3245	Sutor	Richard	Chapel Allerton RC	M35	36:13	27		
136	4029	Yates	Jonny	Roundhay Runners	M35	36:15	28		
137	3665	Temple	Rowan	Kirkstall Harriers	MSEN	36:16	61		
138	4220	Hall	Benjamin	Valley Striders	MSEN	36:18	62		
139	3481	Garratt	Richard	Hyde Park Harriers	M40	36:20	19		
140	3038	Kent	Craig	Abbey Runners	MSEN	36:21	63		
141	3676	Brock	Martin	Knaresborough Striders	M40	36:24	20		
142	4035	Bethell	Kyle	Saltaire Striders	MSEN	36:25	64		
143	4147	Davey	Andrew	St Therasas AC	M45	36:31	15		
144	3529	Spain	Jonathan	Hyde Park Harriers	MSEN	36:34	65		
145	4008	Thorpe	Andrew	Roundhay Runners	M40	36:37	21		
146	3465	Carrick	Chris	Hyde Park Harriers	M40	36:37	22		
147	3657	Pullan	Andy	Kirkstall Harriers	MSEN	36:43	66		
148	4311	Gray	Robert	Wetherby Runners AC	M55	36:43	6		
149	4493	Mason	Andrew	Wetherby Runners AC	MSEN	36:44	67		
150	3479	Fulton	Aron	Hyde Park Harriers	MSEN	36:45	68		
151	3881	Blakeley	Matthew	Roundhay Runners	M45	36:45	16		
152	3222	Kent	Jonathan	Chapel Allerton RC	M35	36:47	29		
153	3937	Jackson	Thomas	Roundhay Runners	MSEN	36:49	69		
154	4066	Frazer	Simon	Saltaire Striders	M40	36:51	23		
155	3115	Needham	Jim	Ackworth Road Runners	M50	36:51	12		
156	3679	Cornforth	Philip	Knaresborough Striders	M50	36:52	13		

157	3828	Hayes	Justin	Rothwell Harriers & AC	M45	36:54	17		
158	4195	Kennis	Alastair	Thames Hare & Hounds	M45	36:56	18		Y
159	4192	Sheppard	Ian	St Therasas AC	MSEN	37:00	70		
160	4205	Cook	Sean	Valley Striders	M35	37:03	30		
161	3922	Goddard	Billy	Roundhay Runners	M40	37:06	24		
162	3076	Wray-Rogers	Luke	Abbey Runners	M40	37:06	25		
163	3348	Watson	Simon	Harrogate Harriers & AC	M55	37:07	7		
164	3809	Wood	Paul	Rodillian Runners	M45	37:10	19		Y
165	3781	Street	Richard	Nidd Valley Road Runners	M35	37:12	31		
166	3161	Gwilym	Owain	Airecentre Pacers	M35	37:14	32		
167	3887	Butler	Joe	Roundhay Runners	MSEN	37:16	71		
168	4621	Huggins	Roy	Valley Striders	M55	37:17	8		
169	4244	Long	Vernon	Valley Striders	M50	37:17	14		
170	3584	Hill	Andy	Kippax Harriers	M45	37:17	20		
171	3101	Hughes	David	Ackworth Road Runners	M40	37:18	26		
172	3233	Padgett	Tony	Chapel Allerton RC	MSEN	37:18	72		
173	3533	Tranter	Colin	Hyde Park Harriers	M35	37:22	33		
174	3258	Langan	Paddy	City of York AC	M45	37:25	21		Y
175	4255	Murray	Danny	Valley Striders	M40	37:25	27		
176	4202	Brown	Tom	Valley Striders	M40	37:27	28		
177	4576	Spink	Stewart	Saltaire Striders	M50	37:28	15		
178	3219	Hough	Paul	Chapel Allerton RC	M35	37:29	34		
179	3398	Greenhalgh	Lee	Horsforth Harriers	M45	37:31	22		
180	3323	King	Geoff	Harrogate Harriers & AC	M60	37:33	1		
181	4290	Atkinson	Joe	Wetherby Runners AC	MSEN	37:34	73		
182	3627	Grist	Paul	Kirkstall Harriers	M50	37:34	16		
183	4212	Farrell	Mark	Valley Striders	M35	37:34	35		
184	3650	Nodwell	Adam	Kirkstall Harriers	MSEN	37:35	74		Y
185	3195	Allison	David	Chapel Allerton RC	M45	37:42	23		
186	3227	Milner	Tom	Chapel Allerton RC	MSEN	37:46	75		
187	4341	Furness	Rob	Wharfedale Harriers	M35	37:51	36		
188	3515	Payne	Nick	Hyde Park Harriers	M35	37:51	37		
189	3025	Hilton	Owen	Abbey Runners	MSEN	37:51	76		
190	4570	Dodds	Allan	Roundhay Runners	M40	37:52	29		
191	3582	Harding	Andrew	Kippax Harriers	M45	37:53	24		
192	3734	Dalton	Kevin	Nidd Valley Road Runners	MSEN	37:55	77		
193	3322	Jordan	Mark	Harrogate Harriers & AC	M60	37:58	2		
194	3883	Browes	Sam	Roundhay Runners	MSEN	37:58	78		
195	3252	Webber-Cross	Geoff	Chapel Allerton RC	M35	37:59	38		
196	3932	Hodge	Tony	Roundhay Runners	M45	37:59	25		
197	4167	Horbury	Martin	St Therasas AC	M55	38:02	9		
198	4271	Simms	Dave	Valley Striders	MSEN	38:03	79		
199	3547	Duffield	Michael	Ilkley Harriers	M45	38:06	26		
200	4589	Pratt	John	Hyde Park Harriers	M35	38:07	39		
201	4105	Ogden	Ian	Saltaire Striders	M45	38:08	27		Y
202	4319	Linstrum	Nils	Wetherby Runners AC	MSEN	38:15	80		
203	3961	Moss	Marcus	Roundhay Runners	M40	38:16	30		
204	3185	Mills	Gerard	Bradford Airedale AC	M50	38:18	17		
205	4214	Fitzgerald	Sean	Valley Striders	M35	38:18	40		
206	4332	Wright	Sean	Wetherby Runners AC	MSEN	38:22	81		
207	3436	Squire	Alan	Horsforth Harriers	M50	38:24	18		
208	3834	Hulme	Simon	Rothwell Harriers & AC	M45	38:26	28		
209	4400	Bevan	John	York Triathlon Club	M50	38:30	19		Y

210	4600	Rayner	Joseph	Saltaire Striders	M50	38:31	20		
211	4457	Jowett	Gareth	Hyde Park Harriers	MSEN	38:31	82		
212	3246	Taylor	Stephen	Chapel Allerton RC	M50	38:32	21		
213	4257	Parton	Adam	Valley Striders	M45	38:35	29		
214	4189	Schofield	Alan	St Therasas AC	M55	38:37	10		
215	3425	Rowell	Max	Horsforth Harriers	M35	38:39	41		
216	4174	Longfellow	Andy	St Therasas AC	M40	38:41	31		
217	3771	Scaife	Nigel	Nidd Valley Road Runners	M45	38:42	30		
218	4616	Mills	Tony	Valley Striders	M45	38:44	31		Y
219	4378	Clayton	Daniel	York Postal Harriers	M45	38:45	32		
220	4116	Rix	Jeremy	Saltaire Striders	M55	38:45	11		
221	4541	Tait	Ryan	Roundhay Runners	MSEN	38:46	83		
222	4320	Matthewson	Alex	Wetherby Runners AC	M35	38:47	42		
223	3766	Rickard	Matt	Nidd Valley Road Runners	M40	38:53	32		
224	3526	Sawyer	Paul	Hyde Park Harriers	M35	38:53	43		
225	3069	Walsh	Sam	Abbey Runners	MSEN	38:57	84		
226	4111	Ratcliffe	Tom	Saltaire Striders	M35	38:59	44		
227	4618	Woodhead	William	Airecentre Pacers	MSEN	39:00	85		
228	3572	Davy	Alan	Kippax Harriers	M40	39:01	33		
229	3612	Boardman	Simon	Kirkstall Harriers	MSEN	39:01	86		
230	3786	Turner	Steven	Nidd Valley Road Runners	M45	39:01	33		
231	3395	Freeman	Paul	Horsforth Harriers	M50	39:04	22		
232	3740	Hainsworth	Brian	Nidd Valley Road Runners	M40	39:06	34		
233	4601	Singh	John	Saltaire Striders	M35	39:07	45		
234	3545	Budding	Robert	Ilkley Harriers	M50	39:09	23		
235	3047	Mill	Andy	Abbey Runners	M35	39:10	46		
236	4087	Jones	Owen	Saltaire Striders	M40	39:10	35		
237	3897	Cobb	Chris	Roundhay Runners	M35	39:11	47		
238	3108	Leadbeater	Mark	Ackworth Road Runners	M50	39:15	24		
239	3702	Wilkinson	Gary	Knaresborough Striders	M45	39:17	34		
240	3705	Anderson	Peter	Leeds & Bradford Triathlon C	M55	39:17	12		Y
241	3532	Taylor	Lee	Hyde Park Harriers	M40	39:22	36		
242	4052	Dell'amico	Loris	Saltaire Striders	M40	39:23	37		
243	3350	Whitaker	Jonathan	Harrogate Harriers & AC	M55	39:28	13		
244	4137	Ayres	Daniel	St Therasas AC	M40	39:29	38		
245	4492	Legg	Ian	Wetherby Runners AC	M50	39:31	25		
246	3606	Wideman	Wayne	Kippax Harriers	M40	39:31	39		
247	4543	Carter	Matt	Valley Striders	M35	39:32	48		
248	3133	Strutt	Chris	Ackworth Road Runners	M45	39:36	35		
249	3559	Pickering	Malcolm	Ilkley Harriers	M65	39:40	1		
250	3491	Hassall	Christopher	Hyde Park Harriers	MSEN	39:42	87		
251	3991	Rush	Peter	Roundhay Runners	M55	39:46	14		
252	4456	Giglia	Chris	Hyde Park Harriers	MSEN	39:47	88		
253	3234	Price	Dan	Chapel Allerton RC	MSEN	39:48	89		
254	4124	Thomas	Richard	Saltaire Striders	MSEN	39:49	90		
255	4577	Storey	Ian	Kippax Harriers	M50	39:52	26		
256	4416	Laughton	Mark	York Triathlon Club	M50	39:54	27		
257	4209	Davison	Sam	Valley Striders	MSEN	39:55	91		
258	3411	Little	Stuart	Horsforth Harriers	MSEN	39:57	92		
259	3250	Vinegrad	Michael	Chapel Allerton RC	M35	39:58	49		
260	3432	Smith	Andy	Horsforth Harriers	M45	40:01	36		
261	3192	Wolstenholme	Stephen	Bradford Airedale AC	M55	40:07	15		
262	3296	Sutherland	Mark	Eccleshill Road Runners	M50	40:09	28		

263	3764	Peagram	Andrew	Nidd Valley Road Runners	M40	40:14	40		
264	3298	Andralojc	Nick	Harrogate Harriers & AC	M55	40:14	16		
265	4001	Smith	Jonathan	Roundhay Runners	M45	40:14	37		
266	3378	Butterfield	Richard	Horsforth Harriers	M60	40:19	3		
267	3623	Geisleris	Giedrius	Kirkstall Harriers	M35	40:24	50		
268	3132	Stancliffe	Ian	Ackworth Road Runners	M55	40:25	17		
269	3263	Bryant	Pete	Dragons Running Club	M50	40:27	29		
270	4077	Hetherington	Stephen	Saltaire Striders	M55	40:29	18	Y	
271	4216	Fox	Ken	Valley Striders	M60	40:34	4		
272	4523	Henry	Kristian James	Horsforth Harriers	M35	40:38	51		
273	3629	Hands	Simon	Kirkstall Harriers	M40	40:43	41		
274	4593	Knapp	James	Nidd Valley Road Runners	MSEN	40:45	93		
275	3508	Mason	Thomas	Hyde Park Harriers	MSEN	40:51	94		
276	4067	Furlong	Simon	Saltaire Striders	MSEN	40:52	95		
277	3483	Goold	Conor	Hyde Park Harriers	MSEN	40:55	96		
278	3328	Murphy	Kevin-Malachy	Harrogate Harriers & AC	M60	40:55	5		
279	3160	Grindley	Paul	Airecentre Pacers	M50	40:56	30		
280	4284	Walker	Richard	Valley Striders	M50	40:59	31		
281	3780	Staiano	Simon	Nidd Valley Road Runners	M40	41:00	42		
282	3241	Shepherd	Stuart	Chapel Allerton RC	M35	41:03	52		
283	3447	Womersley	David	Horsforth Harriers	M65	41:03	2		
284	3727	Benson	Michael	Nidd Valley Road Runners	M35	41:04	53		
285	4258	Pawley	Graham	Valley Striders	M50	41:05	32		
286	3818	Farnell	Peter	Rothwell Harriers & AC	M45	41:06	38		
287	3249	Todd	Stephen	Chapel Allerton RC	M65	41:08	3		
288	4022	Weight	Dave	Roundhay Runners	M55	41:10	19		
289	4012	Twigg	Pete	Roundhay Runners	M50	41:12	33		
290	3468	Cowen	Fred	Hyde Park Harriers	MSEN	41:19	97		
291	3628	Haggerty	Randolph	Kirkstall Harriers	M50	41:25	34		
292	3071	Ward	John	Abbey Runners	M65	41:30	4		
293	4556	Spencer	Tim	Saltaire Striders	M60	41:32	6		
294	4455	Mcgeeever	Phil	Horsforth Harriers	M55	41:32	20		
295	3019	Ellis	Matt	Abbey Runners	M40	41:33	43		
296	3140	Walker	Will	Ackworth Road Runners	M35	41:33	54		
297	4150	Ellis	Andrew	St Therasas AC	M40	41:35	44		
298	4385	Heather	Andrew	York Postal Harriers	M45	41:37	39		
299	3381	Coates	Martin	Horsforth Harriers	M40	41:38	45		
300	4363	Schofield	Jason	Wharfedale Harriers	M45	41:38	40		
301	4159	Gill	Christopher	St Therasas AC	M70	41:38	1		
302	3439	Thirlwell	David	Horsforth Harriers	M35	41:42	55		
303	3302	Bell	Gareth	Harrogate Harriers & AC	M35	41:42	56		
304	3904	Dennison	Warren	Roundhay Runners	M50	41:45	35		
305	3662	Sykes-Hooban	Matt	Kirkstall Harriers	M40	41:46	46		
306	3118	Nicholl	Alister	Ackworth Road Runners	M40	41:47	47		
307	3159	Gifford	Thomas	Airecentre Pacers	M35	41:53	57		
308	4446	Bates	Adam	Harrogate Harriers & AC	M35	41:56	58	Y	
309	3355	Murray	Julian	Harrogate Tri Club	M45	41:56	41		
310	3469	Crawford	Gordon	Hyde Park Harriers	M65	41:58	5		
311	3990	Ruane	James	Roundhay Runners	MSEN	41:59	98		
312	4232	Hussey	John	Valley Striders	M65	42:08	6		
313	3056	Richards	Jon	Abbey Runners	M40	42:08	48		
314	4247	Mackie	Scott	Valley Striders	M50	42:10	36		
315	3311	Gill	Michael	Harrogate Harriers & AC	M50	42:12	37		

316	3072	Whittaker	James	Abbey Runners	M50	42:12	38		
317	4083	Jackson	Brett	Saltaire Striders	M40	42:14	49		
318	3822	Gregory	Mark	Rothwell Harriers & AC	M55	42:15	21	Y	
319	4388	Platten	Jason	York Postal Harriers	MSEN	42:16	99		
320	3045	Littlewood	Graeme	Abbey Runners	M50	42:20	39		
321	3129	Sinar	Terry	Ackworth Road Runners	M55	42:21	22		
322	3625	Glover	Chris	Kirkstall Harriers	M55	42:24	23		
323	4477	Clark	Martin	Roundhay Runners	M50	42:25	40		
324	3457	Blatherwick	John	Hyde Park Harriers	MSEN	42:29	100		
325	3329	Nesbitt	Stephen	Harrogate Harriers & AC	M50	42:30	41		
326	3039	Kent	Scott	Abbey Runners	MSEN	42:32	101		
327	3720	Armstrong	Mark	Nidd Valley Road Runners	M50	42:33	42		
328	3640	Marshall	Neil	Kirkstall Harriers	M35	42:35	59		
329	3080	Bannister	Bradley	Ackworth Road Runners	MSEN	42:38	102		
330	3042	Lavery	Malcolm	Abbey Runners	M50	42:38	43		
331	3285	Wilson	Danny	Dragons Running Club	M40	42:38	50		
332	3998	Smith	Andrew	Roundhay Runners	M45	42:39	42		
333	3597	O'hara	Colm	Kippax Harriers	M45	42:44	43		
334	3107	Leach	Adrian	Ackworth Road Runners	M50	42:45	44		
335	3513	Newell	Jason	Hyde Park Harriers	M45	42:45	44	Y	
336	4313	Heffernan	Paul	Wetherby Runners AC	M40	42:48	51		
337	3472	Dickens	Paul	Hyde Park Harriers	MSEN	42:48	103		
338	4107	Parker	Darren	Saltaire Striders	M45	42:51	45		
339	3581	Gummerson	Robert	Kippax Harriers	M45	42:53	46		
340	4569	Gibb	Ewan	Saltaire Striders	MSEN	42:54	104		
341	3733	Cook	James	Nidd Valley Road Runners	M50	42:54	45		
342	3819	Firth	Stephen	Rothwell Harriers & AC	M50	42:55	46		
343	4291	Atkinson	Paul	Wetherby Runners AC	M55	42:56	24		
344	4000	Smith	Johnathan	Roundhay Runners	M45	42:56	47		
345	4221	Hall	Michael	Valley Striders	M35	42:57	60		
346	4564	Mellor	David	St Therasas AC	M45	42:59	48		
347	4041	Bower	David	Saltaire Striders	M55	43:01	25		
348	3464	Byrd	Joe	Hyde Park Harriers	MSEN	43:05	105		
349	4596	Gourlay	Ross	Roundhay Runners	M40	43:05	52		
350	3095	Gill	Aaron	Ackworth Road Runners	MSEN	43:05	106		
351	4286	White	Paul	Valley Striders	M70	43:09	2		
352	4599	Mosedale	Tim	Saltaire Striders	M35	43:09	61		
353	3049	Morimoto	Kazuki	Abbey Runners	M50	43:13	47		
354	4172	Leaf	David	St Therasas AC	M65	43:17	7		
355	3869	Welsh	Rich	Rothwell Harriers & AC	MSEN	43:18	107		
356	3962	Mullany	Sean	Roundhay Runners	M55	43:19	26		
357	3808	Walsh	John	Rodillian Runners	M45	43:21	49		Y
358	3911	Elliott	John	Roundhay Runners	M55	43:22	27		
359	4293	Bell	Richard	Wetherby Runners AC	M50	43:23	48		
360	3003	Badkin	Peter	Abbey Runners	M50	43:26	49		
361	3899	Common	Paul	Roundhay Runners	M50	43:27	50		
362	3347	Walker	Mark	Harrogate Harriers & AC	M55	43:30	28	Y	
363	3120	Payne	Richard	Ackworth Road Runners	M40	43:31	53		
364	3044	Leslie	David	Abbey Runners	M65	43:34	8		
365	3953	Mcaliece	Philip	Roundhay Runners	M35	43:36	62		
366	3867	Ward	Roger	Rothwell Harriers & AC	M55	43:39	29		
367	4586	Ranson	Dom	Calder Valley Fell Runners	M40	43:41	54		Y
368	4280	Towler	Tim	Valley Striders	M55	43:47	30		

369	4079	Hillas	Stephen	Saltaire Striders	M55	43:48	31		
370	4444	Storey	Ian	Eccleshill Road Runners	M40	43:51	55		
371	3884	Bull	Nick	Roundhay Runners	M50	43:53	51		
372	3382	Cottam	Graham	Horsforth Harriers	M40	43:54	56		
373	3658	Scanlon	Sean	Kirkstall Harriers	M45	43:54	50		
374	4094	Love	Martin	Saltaire Striders	M55	43:56	32		
375	3845	Moseley	Kevin	Rothwell Harriers & AC	M45	43:58	51		
376	3017	Ellis	Adam	Abbey Runners	M40	43:59	57		
377	3963	Mwakasungura	Subi	Roundhay Runners	M40	44:02	58		
378	3004	Balkwill	James	Abbey Runners	M45	44:03	52		
379	4277	Sutton	Leroy	Valley Striders	M60	44:10	7		
380	3444	Watson	Kevin	Horsforth Harriers	M70	44:14	3		
381	4019	Walker	John	Roundhay Runners	M55	44:17	33		
382	3260	Babington	Dan	Dragons Running Club	M40	44:19	59		
383	4560	Mustufvi	Zhain	Chapel Allerton RC	MSEN	44:21	108		
384	4070	Griffiths	Alun	Saltaire Striders	M60	44:21	8		
385	3896	Clink	James	Roundhay Runners	MSEN	44:23	109		
386	4612	Withill	Sean	York Postal Harriers	M55	44:25	34		Y
387	4129	Western	Gary	Saltaire Striders	M55	44:27	35		
388	4074	Hamilton	Gavin	Saltaire Striders	M40	44:30	60		
389	3367	Metcalfe	Daniel	Horsforth Fellandale	M35	44:34	63		
390	3306	Couldwell	Alan	Harrogate Harriers & AC	M60	44:39	9		
391	3339	Seymour	Mark	Harrogate Harriers & AC	M55	44:42	36		
392	3175	Turner	Graham	Airecentre Pacers	M40	44:45	61		
393	3693	Shelton	Mark	Knaresborough Striders	M35	44:46	64		
394	3284	Tomlinson	Paul	Dragons Running Club	M50	44:51	52		
395	3586	Hoy	Graham	Kippax Harriers	M40	44:51	62		
396	4431	Wray	Scott	York Triathlon Club	M45	44:57	53		
397	3651	Nundy	James	Kirkstall Harriers	M40	44:59	63		
398	3204	Cuthbertson	Nic	Chapel Allerton RC	M55	45:03	37		
399	3698	Tibbals	Andy	Knaresborough Striders	M50	45:06	53		
400	3941	Kirk	George	Roundhay Runners	MSEN	45:07	110		
401	3878	Bamber	Tom	Roundhay Runners	MSEN	45:07	111		
402	3900	Cook	James	Roundhay Runners	M40	45:09	64		
403	4268	Sawyer	Chris	Valley Striders	M60	45:10	10		
404	3848	Parker-Haim	Christopher	Rothwell Harriers & AC	M35	45:11	65		
405	3757	Manning	Paul	Nidd Valley Road Runners	M50	45:11	54		
406	3163	Hill	Chris	Airecentre Pacers	M60	45:12	11		
407	4009	Toulson	Anthony	Roundhay Runners	M45	45:15	54		
408	3854	Shaw	Brian	Rothwell Harriers & AC	M55	45:15	38		
409	3688	Mitchell	Ian	Knaresborough Striders	M55	45:20	39		
410	3571	Copley	James	Kippax Harriers	M35	45:27	66		
411	4606	Pullan	Richard	Hyde Park Harriers	M60	45:33	12		
412	3799	Macey	Alex	Ripon Runners	M50	45:36	55		Y
413	4056	Douglas	Alan	Saltaire Striders	M45	45:39	55		
414	3236	Robins	Ben	Chapel Allerton RC	MSEN	45:41	112		
415	4620	Mangeolles	James	Horsforth Harriers	MSEN	45:43	113		
416	4155	Gall	Stuart	St Therasas AC	M40	46:06	65		
417	4134	Baxter	Neil	Skyrac AC	M40	46:07	66		Y
418	4353	Madhas	Raj	Wharfedale Harriers	M50	46:09	56		
419	4401	Buckley	Neil	York Triathlon Club	M60	46:11	13		
420	3590	Kitching	Lee	Kippax Harriers	M45	46:11	56		
421	3775	Seaman	Dave	Nidd Valley Road Runners	M70	46:15	4		

422	3096	Gill	Darren	Ackworth Road Runners	M45	46:19	57		
423	3415	Mccleave	Martin	Horsforth Harriers	M50	46:21	57		
424	4300	Costello	Peter	Wetherby Runners AC	M45	46:23	58		
425	4615	Foulkes	Bartley	Horsforth Harriers	M60	46:30	14		Y
426	4462	Green	Jason	Knareborough Striders	MSEN	46:31	114		
427	4310	Giddings	Simon	Wetherby Runners AC	M50	46:34	58		
428	4550	Baker	Bob	Otley AC	M60	46:43	15		Y
429	3186	Miran	Sohail	Bradford Airedale AC	M45	46:45	59		
430	4487	Coles	Malcolm	Valley Striders	M75	46:46	1		
431	3127	Sharp	Christopher	Ackworth Road Runners	MSEN	46:48	115		
432	3577	Durkin	Paul	Kippax Harriers	M55	46:54	40		
433	4415	Kuendiger	Jan	York Triathlon Club	M35	46:57	67		
434	4058	East	Lee	Saltaire Striders	M40	47:15	67		
435	3835	Kelly	Mat	Rothwell Harriers & AC	M35	47:41	68		
436	4389	Raddall	Phil	York Postal Harriers	M50	47:47	59		
437	3294	Steele	Marc	Eccleshill Road Runners	MSEN	47:51	116		
438	3340	Simmons	Dan	Harrogate Harriers & AC	M55	47:58	41		
439	4098	Mistry	Mohanlal	Saltaire Striders	M55	47:58	42		
440	3882	Bowman	Geoff	Roundhay Runners	M55	47:58	43		
441	3800	Purll	Andy	Ripon Runners	M45	48:07	60		Y
442	4531	Underwood	James	Hyde Park Harriers	MSEN	48:18	117		
443	3759	Montana	Marcos	Nidd Valley Road Runners	MSEN	48:21	118		
444	3135	Taylor	Christopher	Ackworth Road Runners	M65	48:23	9		
445	3297	Sutton	Robert	Eccleshill Road Runners	M55	48:25	44		
446	3386	Duffy	Richard	Horsforth Harriers	M65	48:28	10		
447	3474	Edwards	Richard	Hyde Park Harriers	M40	48:35	68		
448	4034	Beecroft	Frank	Saltaire Striders	M50	48:44	60		
449	3070	Walton	Clive	Abbey Runners	M50	48:45	61		
450	3180	Binns	Richard	Bradford Airedale AC	M45	48:50	61		
451	3183	Markey	Barry	Bradford Airedale AC	M60	48:56	16		
452	3531	Tarbit	James	Hyde Park Harriers	MSEN	48:58	119		
453	3211	Forster	Michael	Chapel Allerton RC	M45	48:59	62		
454	4281	Tyrrell	Brian	Valley Striders	M60	49:01	17		
455	3936	Irving	John	Roundhay Runners	M60	49:13	18		
456	3152	Zywicki	Paul	Ackworth Road Runners	M55	49:28	45		
457	3426	Russell	Peter	Horsforth Harriers	M55	49:30	46		
458	3077	Allison	Dave	Ackworth Road Runners	M35	50:12	69		
459	4528	Milne	Stephen	Hyde Park Harriers	M35	50:27	70		
460	4248	Mackreth	Paul	Valley Striders	M40	50:32	69		
461	4380	Ellwood	Andy	York Postal Harriers	M50	50:46	62		
462	4309	Foster	Mark	Wetherby Runners AC	M45	51:02	63		
463	3939	Jones	Justin	Roundhay Runners	M40	51:08	70		
464	4329	Upperton	James	Wetherby Runners AC	MSEN	51:24	120		
465	4143	Boyle	Peter	St Therasas AC	M65	51:32	11		
466	4603	Best	Jamie	St Therasas AC	M40	52:08	71		
467	4404	Dunlea	Paul	York Triathlon Club	M45	52:17	64		
468	4242	Lim	Philip	Valley Striders	M45	52:20	65		
469	3995	Sheppard	Peter	Roundhay Runners	M70	52:28	5		
470	4054	Dickinson	Ian	Saltaire Striders	M45	52:47	66		
471	4119	Silva	Mervyn	Saltaire Striders	M60	52:52	19		
472	3729	Clipston	Jonathan	Nidd Valley Road Runners	M50	53:06	63		
473	4101	Moss	Mike	Saltaire Striders	M60	53:07	20		
474	3490	Harris	Stuart	Hyde Park Harriers	M35	53:20	71		

475	3589	Kitchen	Jay	Kippax Harriers	M55	53:31	47		
476	4165	Higgins	Mick	St Therasas AC	M70	53:56	6		
477	3200	Bernardo Jr	Carlos	Chapel Allerton RC	M35	53:59	72		
478	4270	Sedgley	Neil	Valley Striders	M50	54:03	64		
479	3486	Gray	Matthew	Hyde Park Harriers	MSEN	54:43	121		
480	3177	Walker	Simon	Airecentre Pacers	M35	54:44	73		
481	4607	Brears	Nick	Saltaire Striders	M65	54:51	12		Y
482	3779	Smith	Nick	Nidd Valley Road Runners	M55	54:57	48		
483	3278	Mckay	Martin	Dragons Running Club	M40	55:01	72		
484	3753	Ledwaba-Chapman	Tony	Nidd Valley Road Runners	M75	55:30	2		
485	4120	Smith	Richard	Saltaire Striders	M60	55:33	21		
486	3031	Ibrahim	Joseph	Abbey Runners	M40	55:39	73		
487	3931	Hill	Philip	Roundhay Runners	M55	55:53	49		
488	4367	Thompson	Geoff	Wharfedale Harriers	M55	55:54	50		
489	4222	Hall	Neil	Valley Striders	M35	55:57	74		
490	3438	Taylor	Ian	Horsforth Harriers	M50	56:04	65		
491	3075	Wilson	Roger	Abbey Runners	M70	56:05	7		
492	3895	Clink	Brian Andrew	Roundhay Runners	M45	57:01	67		
493	4156	Gardner	Andrew	St Therasas AC	M65	58:09	13		
494	3748	Hyde	Graham	Nidd Valley Road Runners	M40	58:17	74		
495	4587	O'hara	Stephen	Horsforth Harriers	M65	59:56	14		
496	4613	Brown	Nick	Hyde Park Harriers	MSEN	59:56	122		
497	3956	Mellor	Joe	Roundhay Runners	M60	1:00:08	22		
498	3309	Foster	Colin	Harrogate Harriers & AC	M60	1:00:18	23		
499	3648	Nesden	Patrick	Kirkstall Harriers	M65	1:01:29	15		
500	3488	Hammond	Phil	Hyde Park Harriers	M55	1:02:58	51		
501	3088	Camponi	Tom	Ackworth Road Runners	MSEN	1:14:12	123		
502	4506	Cardinale	Antonio	Otley AC	M65	1:19:12	16		Y